



3ts | turn the tide of suicide

July 2021

**Re: 3Ts Golf Tournament 2021**

Dear Secretary Manager,

How would you like to field a team at our competition and play either the K Club Ryder Cup Course or Portmarnock Golf Club – all for €10 per member? If your club participates in this year's 3Ts Golf Tournament, you could do just that.

3Ts is a registered charity founded in 2003 to raise awareness of the issue of suicide through research, intervention & support. 2021 is the 19th year of the 3Ts Golf Tournament, which aims to help to raise awareness of the issue of suicide & mental health countrywide and is supported by tournament Patron & Ambassador, Pdraig Harrington.

Due to Covid 19, our 2021 tournament launch is later than usual, and so this year we have put together a very exciting competition that is sure to appeal to your members. We've adapted the tournament format and invite both Men's & Ladies Captains to lead a 4-person team to compete against other clubs at one of two final venues, either K Club Ryder Cup Course or Portmarnock Golf Club. We invite your club to enter and to help support our work.

To qualify for entry, Clubs must hold 3Ts tournament club competitions i.e. a ladies competition and a men's competition. Winners of each join the men's captain and ladies captain to form a 4-person team, comprising in total two men and two ladies, to compete at either of our prestigious Final Round Venues. We hope to welcome your club to the tournament and so, we ask you to include us in your Club's 2021`calendar.

The 3Ts Golf Tournament is a four-person competition which comprises:

- Men's Captain
- Lady Captain
- Winner of Men's Club Competition
- Winner of Ladies Club Competition

Format throughout the tournament is Stableford, full handicaps, two scores to count.

Please remember:

- It can be run in conjunction with a Club competition or can be a separate competition. It does not have to be a separate event;
- The entry fee to the 3Ts Tournament is €10 for each participant who plays in the club competitions, men's and ladies;
- Participants must be over 18 years of age;
- If a substitution is necessary, it is essential that the party selected participated in & paid their entry fee for the 3Ts club competition.

Each Club Team will then proceed to either:

- K Club Ryder Cup Course
- Portmarnock Golf Club

A draw will decide the designated venue for each club that enters the competition.



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All entries must be received by CLOSING DATE 31st August 2021. Your Club's entry pack is enclosed inc. rules & entry forms. This competition is played under R&A rules of golf. All clubs must adhere to Rules of the Competition and must submit with their entry full details of the Club Team proceeding to the Final (Club Team Entry Sheet). Clubs must also provide the date of play of club competitions & names & handicaps of all who participated in your 3Ts Club event (Amateur Entry Sheet).

If you have any queries in relation to entry, please email [info@3ts.ie](mailto:info@3ts.ie) or phone 01 2139903 and we will be delighted to assist you.

3 times more people die by suicide than die on our roads, yet suicide prevention receives only a fraction of the budget spent on road safety. Covid 19 has highlighted the importance of managing our mental health, and 3Ts activities are needed now more than ever. We receive no statutory funding but rely on fundraising efforts to fund our work campaigning for increased mental health & suicide prevention resources & services. Our suicide prevention programme and face to face activities have been heavily impacted over the past year. However, we have adapted and continue to develop our online resources providing essential information on mental health & suicide prevention via social media & our website [www.3ts.ie](http://www.3ts.ie).

Golf Clubs have huge commitments, but we hope your members will participate in this year's 3Ts Golf Tournament. We deeply appreciate your support and look forward to welcoming your club to one of the prestigious venues, Portmarnock Golf Club or the K Club Ryder Cup Course!

Yours sincerely,

**Noel Smyth**  
Chairman