
Company Number: 371490
Charity Number: CHY 15710
Charities Regulatory Authority Number: 20054878

3T'S COMPANY LIMITED BY GUARANTEE
ANNUAL REPORT AND AUDITED FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019

Kieran Ryan & Co.
Chartered Accountants and Statutory Audit Firm
20 Upper Mount Street
Dublin 2

**3T'S COMPANY LIMITED BY GUARANTEE
CONTENTS**

	Page
Reference and Administrative Information	3
Directors' Annual Report	4 - 12
Directors' Responsibilities Statement	13
Independent Auditor's Report	14 - 15
Appendix to the Independent Auditor's Report	16
Statement of Financial Activities	17
Balance Sheet	18
Statement of Cash Flows	19
Notes to the Financial Statements	20 - 24

**3T'S COMPANY LIMITED BY GUARANTEE
REFERENCE AND ADMINISTRATIVE INFORMATION**

Directors	Noel Smyth Bryan Lawlor Nigel Kinnaird Alannah Smyth
Company secretary	Alannah Smyth
Charity number	15710
Charities regulatory authority number	20054878
Company number	371490
Registered office and principal address	Second Floor Elm House Leopardstown Office Park Sandyford Dublin 18
Auditors	Kieran Ryan & Co. Chartered Accountants and Statutory Audit Firm 20 Upper Mount Street Dublin 2
Bankers	Bank of Ireland Lower Baggot Street Dublin 2
Solicitors	HBMO Solicitors 12 Ely Place Dublin 2

**3T'S COMPANY LIMITED BY GUARANTEE
DIRECTORS' ANNUAL REPORT
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

The directors present their Directors' Annual Report, combining the Directors' Report and Trustees' Report, and the audited financial statements for the financial year ended 30 June 2019.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the companies Act 2014 and, although not obliged to comply with the statement of recommended practice charities SORP (effective January 2015) in accordance with FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

The charity is Limited by Guarantee not having a share capital.

Mission, objectives and strategy

Mission statement

The mission of 3T's (Turn The Tide of Suicide) is to help turn the tide of suicide through research, education and support.

The principal activities of the company are:

- *Awareness*: raising awareness of the issues of mental health, suicide and self-harm and of the help available for those in crisis;
- *Research*: funding innovative research projects to help fill the knowledge gap around suicide;
- *Education*: providing suicide prevention and mental health training workshops, literature, videos and online resources;
- *Support*: 3T's partners and collaborates with other groups and organisations on mental health and suicide prevention activities and also provides funding support to organisations and groups working in the fields of suicide prevention and mental health;
- *Campaigning*: 3T's campaign and lobby for adequate funding to resource suicide prevention strategies calling on the Government to establish a Suicide Prevention Authority and for the establishment of 24/7 Crisis Centres to meet the needs of those in crisis through self-harm or suicidal behaviours.

**3T'S COMPANY LIMITED BY GUARANTEE
DIRECTORS' ANNUAL REPORT
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

Structure, governance and management

Structure

- 3T's is constituted as a company limited by guarantee without a share capital. The purpose and objectives and how it conducts business are set out in its Constitution. This combined document is available upon request and is publicly available from the Companies Registration Office website (www.cro.ie).
- 3T's is registered with the Charities Regulator (registered charity no. 20054878) and meets the Regulator's annual reporting and other requirements.
- 3T's is committed to adopting the Charities Governance Code to ensure the effective management and control of our charity. 3T's has adopted the journey to compliance to ensure full accountability and transparency for the charity going into the future.
- 3T's is committed to best practice in fundraising and is fully committed to achieving the standards contained within the Charities Regulator's Guidance for Charitable Organisations on fundraising from the Public (the 'Guidelines').

The Guidelines exist to:

- improve fundraising practice;
- promote high levels of accountability and transparency by organisations fundraising from the public;
- provide clarity and assurances to donor and prospective donors about the organisations they support.

We, the directors of 3T's, have considered the guidelines and believe we meet the standards it sets out.

The following related documents are available to view or download on our website www.3ts.ie or can be obtained upon request from our office via email info@3ts.ie or telephone 01-2139905.

- Resolutions of 3T's board to adopt the charities regulator guidelines for charitable organisations on fundraising from the public
- Donor Charter
- Public Compliance Statement
- Complaints and Feedback Procedures

For the year ended 30 June 2019, 3T's was registered with the following organisations:

- The Governance Code Registry
- Irish Charities Regulatory Authority (no. 20054878)
- Charities Institute Ireland
- www.lobbying.ie
- The Wheel

Financial results

At the end of the financial year the charity has assets of €226,680 (2018, €212,987) and liabilities of €36,553 (2018, €17,821). The net assets of the charity have decreased by €5,038.

Principal risks and uncertainties

In the opinion of the directors, there are no significant risks or uncertainties impacting the company.

**3T'S COMPANY LIMITED BY GUARANTEE
DIRECTORS' ANNUAL REPORT
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

Directors and secretary

The directors who served throughout the financial year, except as noted, were as follows:

Noel Smyth
Bryan Lawlor
Nigel Kinnaird
Alannah Smyth

The secretary who served throughout the financial year was Alannah Smyth.

Compliance with sector-wide legislation and standards

The charity engages pro-actively with legislation, standards and codes which are developed for the sector. 3T's Company Limited by Guarantee subscribes to and is compliant with the following:

- The Companies Act 2014
- The Charities SORP (FRS 102)
- GDPR (General Data Protection Regulations)

GDPR legislation came into effect in May 2018 and 3T's took steps to ensure that they were fully compliant with this new legislation.

We are committed to the principles inherent in the GDPR and particularly to the concepts of privacy by design, the right to be forgotten, consent and a risk-based approach. In addition, we aim to ensure:

- transparency with regard to the use of data
- that any processing is lawful, fair, transparent and necessary for a specific purpose
- that data is accurate, kept up to date and removed when no longer necessary
- that data is kept safely and securely.

Our privacy policy is available to view on www.3ts.ie or on request by email to info@3ts.ie.

**3T'S COMPANY LIMITED BY GUARANTEE
DIRECTORS' ANNUAL REPORT
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

Chairperson's report - Noel Smyth

Suicide Statistics

As of 30 June 2019, latest available official figures for deaths by suicide in Ireland are to the year 2017 (383). 2018 figures are provisional (322) and subject to change, pending final data from Coroner's/Inquests. Final figures for 2018 are likely to be higher when published by the CSO late in 2019.

Suicide rates in Ireland are currently at their lowest since 1989. However, in the UK, and in many other countries, the definition of suicide for statistical purposes includes underdetermined deaths and deaths where intentional self-harm is the underlying cause. This is not the case in Ireland, and this results in an acknowledged underreporting of suicide deaths. So, whilst "official" CSO statistics report 383 suicide deaths in Ireland in 2017, if open verdict deaths are included, the total number of definite and probable suicide deaths in Ireland would be higher.

Whilst 3T's welcomes the recorded decline in deaths by suicide over the past 10 years, we will continue to highlight our concerns about transparency in the reporting of numbers dying by suicide and about the two-year delay in the reporting of final figures by the CSO.

Furthermore, the National Self Harm Registry records 12,588 presentations of self-harm to A & E in Ireland in 2018, an increase of 8% on the previous year. This represents the number of cases presenting to A & E only. However, the true figure is estimated to be closer to 60,000. 8.5% of incidents of self-harm recorded by the Registry during 2018 were self-harm by hanging, that is 1,072 presentations of self-harm by hanging during 2018. At the time of going to print, figures for self-harm from the Registry for the first half of 2019 were not yet available.

The highest rates of self-harm are consistently seen in young people. The National Self Harm Registry reports that between 2007 and 2018 the rate of self-harm in young people aged 10-24 years has increased by 29%. It is important to note that there was also an increase in the use of highly lethal methods of self-harm among young people and to also highlight that the age of onset of self-harm appears to be decreasing. Younger children are starting to engage in self-harm. This puts them at a greater risk of suicide at a later date.

We believe that still too many lives are lost to suicide, and too many families and communities are devastated. Too many people are struggling with suicidal ideation and with self-harm. Because there are so many gaps in our services, these people have nowhere to turn or cannot access services within a reasonable timeframe.

Voluntary organisations cannot be expected to fill these gaps in statutory services. The government needs to address this as a matter of urgency.

Background

3T's was co-founded in 2003 by lawyer and businessman, Noel Smyth, psychiatrist Professor Kevin Malone of SVUH and UCD and Joseph McAvin of the Mater Foundation. At the time, suicide was a taboo subject, so 3T's set out to raise awareness of the issue and to help prevent future suicide deaths through a programme of research, intervention and support. Progress has been made. Suicide and mental health are now part of the national conversation. Stigma has been reduced, yet it still remains a barrier to help-seeking. Lack of political will, lack of resources and lack of knowledge remain major obstacles to change.

More people die by suicide than die on our roads, yet only a fraction of the funding is spent on suicide prevention. Over the years, 3T's has been proactive and vocal, reflecting concerns about the impact of suicide on Irish society and the need for change in policy and resources at both national and community levels. We have campaigned for many years for the establishment of a Suicide Prevention Authority to adequately address the issue.

3T's enjoys the support of many organisations and individuals, including our charity partners and the tireless efforts of the many wonderful individual fundraisers who come up with all sorts of innovative ways to fundraise in support of 3T's. Our Annual 3T's Golf Tournament is run with support of the Professional Golfers Association (PGA Ireland).

We believe in collaboration and work closely with many organisations in the voluntary sector, the business community and more recently have expanded activities with third level colleges and institutions. We provide funding support through our 3T's grants programme to select programmes and organisations.

**3T'S COMPANY LIMITED BY GUARANTEE
DIRECTORS' ANNUAL REPORT
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

Results

In the year ended 30 June 2019, 3T's had an income of €146,659 (2018, €179,408) and spent €151,697 (2018, €112,510). Income was generated solely through donations, charity partnerships, third party fundraising activities and dedicated 3T's activities. €56,580 was spent on staff salaries, €9,605 on administration and €85,512 on promotional and educational support. Our offices are rent free and other overheads are kept to a minimum.

Full results for the year are set out on page 17.

Reserves carried over from the previous year have enabled the development and delivery of innovative activities and educational programmes during the course of this accounting year.

Board & Staff

The board of directors is made up of four people, comprising Noel Smyth, Nigel Kinnaird, Bryan Lawlor and Alannah Smyth. Chairperson of the board is Noel Smyth. Company Secretary is Alannah Smyth.

The Directors and Secretary of 3T's are all voluntary and do not receive a salary for their work.

Decisions reserved for the board to make include:

- The company's strategic plans and annual operating budgets;
- Projects outside the scope of the strategic plan;
- Litigation;
- Appointment/removal of committee chairs and members;
- Appointment/removal of staff and approval of new staff positions;
- Appointment/removal of auditors;
- Approval of contracts with term exceeding one year or financial liability on 3T's exceeding €5,000;
- Annual review of risk and internal control;

Whilst the board of directors is ultimately responsible for 3T's and for the above list, certain duties and responsibilities are delegated from the board of directors to the manager or to a sub-committee and onward to staff. This includes implementation of the strategic plan, co-ordination of staff and volunteer resources, implementation of programmes, projects and supporting materials, liaison with service and other suppliers and other administrative duties. The manager is also responsible for the provision of regular reports and documents for consideration to the 3T's board and 3T's committee. From time to time, 3T's enters into partnerships and collaborations with other organisations on specific projects or specific work areas. These agreements are determined by a Memorandum of Understanding which is approved by the board of directors. If 3T's agrees to provide funding to any other charitable organisation, it first considers a detailed submission by the organisation and monitors funding and project progress thereafter. The charity first secures (often on a pro bono basis) tax, accountancy and legal advice prior to any contract or agreement being entered into by the charity.

Staff

The 3T's team is headed up by the Chairman, Noel Smyth, who also carries out an executive function on the day-to-day operation of the charity. 3T's has two permanent employees based in an office in Dublin 18 - manager, Lise Alford, and mental health co-ordinator, Clare O'Brien. In May 2019, Clare tendered her resignation following maternity leave and, at the time of going to print, her position remains vacant. Staff report directly to the Chairman with certain decisions reserved for the board. Staff are further supported in their work by a small team of volunteers and third-party contractors, whom we thank sincerely for their input and their hard work on our behalf.

**3T'S COMPANY LIMITED BY GUARANTEE
DIRECTORS' ANNUAL REPORT
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

Activities

Awareness and education

Since its foundation, 3T's has been involved in a variety of successful awareness projects. This year we continued our collaboration with third level colleges on raising awareness of suicide and promoting positive mental health amongst the student population. The 3T's team have partnered with staff and student unions on awareness projects such as our Share the Load initiative and have participated in Wellbeing Weeks and mental health initiatives. In many cases, these activities were supported by the delivery of safeTALK Training Workshops (Suicide Alertness for Everyone) or 3TsTALKs, promoting positive mental health.

Training

3T's delivered training to almost 1,000 participants during this accounting year through our 3T's TALK Mental Health workshops and safeTALK workshops. Workshops were held in workplaces, third level colleges, sports clubs, societies, associations and voluntary organisations.

- 3TsTALKs: these tailored talks are delivered on a broad range of topics related to mental health including mental health & wellbeing, exam stress, mental health in the workplace and more. Talks were provided by 3T's Mental Health Co-ordinator, Clare O'Brien BA (Hons) Psych, MSc (hons) Couns, and also latterly by IACP accredited psychotherapist, Caroline Brady BA (Hons) in Counselling & Psychotherapy.
- SafeTALK training (Suicide Alertness for Everyone): 3T's are official safeTALK training providers approved by the National Office for Suicide Prevention (NOSP). SafeTALK is an internationally recognised programme which equips participants to identify individuals who may be at risk of suicide. safeTALK is delivered by our mental health co-ordinator, Clare O'Brien, and 3T's committee member, Fiona Lavin, both of whom are approved safeTALK trainers.

Of note this year was our continued delivery of safe TALK training to volunteers and staff of the Simon Community through a series of workshops over the course of the year. Simon staff and volunteers work with a particularly vulnerable group and we are delighted to support their efforts through our safeTALK training.

3TsTALKs and safeTALK workshops are delivered free of charge by 3T's. SafeTALK materials are provided by the NOSP (National Office for Suicide Prevention) as national co-ordinator for safeTALK in Ireland.

3T's believe that educating participants on various aspects of mental health and suicide reflects our commitment to turning the tide of suicide through education and awareness building.

Collaboration:

In addition to our collaborations with third level colleges and with the business community, 3T's has been partners on:

- *See Change Green Ribbon Campaign* - organisation dedicated to ending mental health stigma;
- *Men's Health Forum*: 3T's sits on the Forum for Men's Health Week, joining many mental and physical health organisations with a focus on health promotion for men, both physical and mental health;
- *Connecting for Life*: Ireland's strategy to reduce suicide.

Support

It is the ethos of 3T's to allocate a portion of funds raised to support other organisations working in the field of suicide prevention, postvention and intervention, whether to support service provision or to assist in research funding.

- *TCD Research: Accessing help for self-harm and suicidal behaviour in the Emergency Department*: a qualitative study. During this financial year, 3T's has committed to a partnership with School of Nursing and Midwifery in Trinity College Dublin. The study aims to explore the experiences of service users who present to the Emergency Department for treatment of self-harm and suicidal behaviour. It is hoped that this study will help inform how the emergency department experience can be improved for service users who self-harm or who have engaged in suicidal behaviour. The Report is due to publish in Spring 2020.

**3T'S COMPANY LIMITED BY GUARANTEE
DIRECTORS' ANNUAL REPORT
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

Fundraising

3T's receives no statutory funding and relies instead on its own fundraising activities and those of its third-party fundraisers and supporters, charity partnerships and corporate and private donations.

3T's is privileged to have the support of a number of organisations and individuals fundraising on our behalf. We appreciate the time and effort that our supporters put into these events and thank all who fundraised on our behalf over the course of the year.

- Our *3T's Annual Golf Tournament* is now in its seventeenth year. This competition is open to all GUI clubs and is run in conjunction with the PGA (Ireland). The tournament continues to raise awareness in communities throughout Ireland and we thank all the clubs who support us by entering a team in the competition. We are grateful to the venues who provide us with competitive rates for our regional rounds - Dundrum House, Co Tipperary; Slieve Russell, Co Cavan and St Margarets, Co. Dublin. Our thanks too to the prestigious K Club, venue for the tournament final.
- *Food for Thought*: is a pop-up fine dining initiative drawing together award-winning Chefs to showcase their talents whilst raising awareness around suicide and mental health. It was founded by chef, Daniel Hannigan, following his own experience of losing his father to suicide at a young age. Coming from the high-pressure working environment of the restaurant industry, Daniel sought to highlight the importance of friendship to our mental health and the unifying power of food. This is the second year 3T's has enjoyed the support of Food for Thought and during this time, Daniel has brought together some of Ireland's most prestigious chefs with some of Ireland's most talented newcomers for both fine-dining and more casual events. Food for Thought is all about bringing great people together for great food and to promote friendship and positive mental health. We hope to see our partnership with Daniel bring further initiatives in the future.

Charity partnerships

During this financial year, we have enjoyed the privilege of a number of charity partnerships within the business community.

- PrepayPower Dublin
- Fidelity International (Dublin)
- Paradyne (Dublin & Cork)
- Prometric (Dundalk) to Dec 2018

The team at 3T's works closely with our charity partners over the course of the year of tenure, providing training and education around mental health and suicide and supporting any fundraising events and activities undertaken. With a strong CSR ethos, these organisations prioritise the wellbeing of their staff. Our aim is to build on these firm foundations. We feel it is important to give something back to our supporters, such as working with wellness committees on delivering safeTALK or 3T's TALKs to management and staff. These workshops have proven very popular with our charity partners.

In turn, we have been delighted to see management and staff throw themselves into a wide range of fundraising initiatives in aid of 3T's. Not only do these partnerships raise much needed funds for 3T's but they also raise awareness of the issue of suicide and mental health.

Our sincere thanks to all our charity partners for your support over the course of this year.

A special mention to *Arekibo Digital Consultancy*: Arekibo has continued to support our website as part of its CSR programme providing expertise and advice which has helped ensure our website www.3ts.ie is a valuable and accessible resource for those in need of information regarding suicide and mental health.

**3T'S COMPANY LIMITED BY GUARANTEE
DIRECTORS' ANNUAL REPORT
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

Lobbying: government, political and general

The charity lobbies Government and actively promotes the necessity for increased funding and better services to help prevent further loss of life through suicide.

The primary focus of lobbying activity during this accounting year was to promote our continued campaign for a Suicide Prevention Authority, similar in structure to the Road Safety Authority.

3T's is registered with Lobbying.ie and adheres to its reporting requirements for all lobbying activity. Further details of 3T's lobbying activity are available in our return for the period on www.lobbying.ie

Chairman's summary

In Ireland, we have an excellent national suicide prevention strategy in Connecting for Life. The programmes, actions and resources outlined within Connecting for Life, if implemented, would undoubtedly help to reduce deaths by suicide.

The concern of 3T's is that so many of the services and resources to back up this policy are simply not there. Where services exist, waiting times and waiting lists are unacceptably long. Unfortunately, for someone in suicidal crisis and their family, a 6-month wait can be 6 months too late. Our A&Es are operating at an over-capacity, with demand far exceeding resources. People presenting to our A&E with self-harm or suicidal behaviours have a different set of requirements to those presenting with physical ailments, no matter how serious. Of those who present in our A&E with Self-Harm, 13% will leave before any treatment recommendations are made. Statutory services rely too heavily on voluntary organisations to meet the shortfall in services. This is not acceptable. The Government have a responsibility to meet these needs.

It is time for the people of Ireland to hold our Politicians to account on their general indifference to the issue of suicide prevention. In both General and Local Elections of recent years, all parties have claimed that suicide prevention, suicide bereavement and all associated issues are a priority, but these are shallow words with no meaning.

3T's continues to call for a serious review of the present policy on suicide and suicide prevention. As a country with a reputation for caring for others, Ireland is failing in the area of mental health.

3T's are happy to work with any interested groups or organisations to help bring about this change.

Auditors

The auditors, Kieran Ryan & Co., Chartered Accountants and Statutory Audit Firm, have indicated their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

Taxation status

The company is a close company within the meaning of the Taxes Consolidation Act, 1997.

Statement on relevant audit information

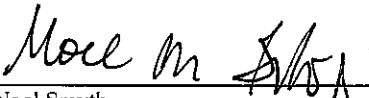
In accordance with section 330 of the Companies Act 2014, so far as each of the persons who are directors at the time this report is approved are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.

**3T'S COMPANY LIMITED BY GUARANTEE
DIRECTORS' ANNUAL REPORT
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

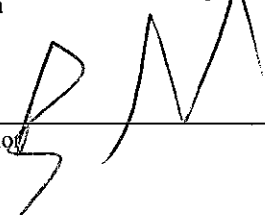
Accounting records

To ensure that adequate accounting records are kept in accordance with Sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at Second Floor, Elm House, Leopardstown Office Park, Sandyford, Dublin 18.

Approved by the board of directors on 28 JUNE 2020 and signed on its behalf by:



Noel Smyth
Director



Bryan Lawlor
Director

**3T'S COMPANY LIMITED BY GUARANTEE
DIRECTORS' RESPONSIBILITIES STATEMENT
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

The directors are responsible for preparing the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the charity as at the financial year end date and of the net income or expenditure of the charity for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Statement of Recommended Practice: Accounting and Reporting by Charities (2015);
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The directors confirm that they have complied with the above requirements in preparing the financial statements.

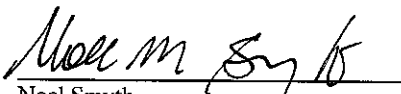
The directors are responsible for ensuring that the charity keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the charity, enable at any time the assets, liabilities, financial position and net income or expenditure of the charity to be determined with reasonable accuracy, enable them to ensure that the financial statements and the Directors' Annual Report comply with Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the directors are aware:

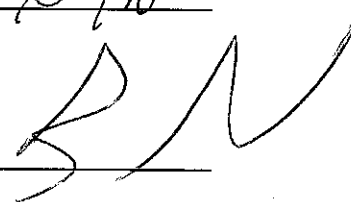
- there is no relevant audit information (information needed by the charity's auditor in connection with preparing the auditor's report) of which the charity's auditor is unaware, and
- the directors have taken all the steps that they ought to have taken as directors in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the Republic of Ireland governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the board of directors on 29 JUNE 2020 and signed on its behalf by:



Noel Smyth
Director



Bryan Lawlor
Director

**INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF 3T'S COMPANY LIMITED BY GUARANTEE**

Report on the audit of the financial statements

Opinion

We have audited the charity financial statements of 3T's Company Limited by Guarantee for the financial year ended 30 June 2019 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes to the financial statements, including a summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the charity as at 30 June 2019 and of its net incoming resources for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", as applied in accordance with the provisions of the Companies Act 2014 and having regard to the Charities SORP; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for an opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which ISAs (Ireland) require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the companies act 2014

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- in our opinion, the Directors' Annual Report has been prepared in accordance with the Companies Act 2014.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the charity were sufficient to permit the financial statements to be readily and properly audited. The financial statements are in agreement with the accounting records.

**INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF 3T'S COMPANY LIMITED BY GUARANTEE**

Matters on which we are required to report by exception

Based on the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Annual Report. The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

Respective responsibilities

Responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement set out on page 13 the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the charity or to cease operations, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our responsibility is to conduct an audit of the charity financial statements in accordance with ISAs (Ireland) and to issue an Auditor's Report, that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is contained in the appendix to this report, located at page 16, which is to be read as an integral part of our report.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the charity's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the charity and the charity's members, as a body, for our audit work, for this report, or for the opinions we have formed.



Jonathan Bennett

**For and on behalf of
Kieran Ryan & co.**

Chartered Accountants and Statutory Audit Firm
20 Upper Mount Street
Dublin 2

Date: 29 JUNE 2020

3T'S COMPANY LIMITED BY GUARANTEE
APPENDIX TO THE INDEPENDENT AUDITOR'S REPORT

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

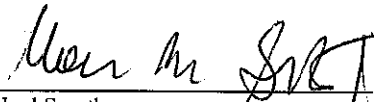
- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

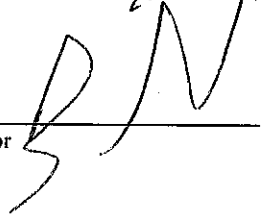
3T'S COMPANY LIMITED BY GUARANTEE
BALANCE SHEET
AS AT 30 JUNE 2019

	Notes	2019 €	2018 €
Fixed assets			
Tangible assets	7	199	832
Investments	8	100	100
		299	932
 Current assets			
Debtors	9	44,058	31,865
Cash at bank and in hand		182,323	180,190
		226,381	212,055
Creditors: amounts falling due within one year	10	(36,552)	(17,821)
Net Current Assets		189,829	194,234
 Net Assets		190,128	195,166
 Funds			
Unrestricted designated funds		190,128	195,166
Total Funds		190,128	195,166

Approved by the board of directors on 29 JUNE 2020 and signed on its behalf by:



 Noel Smyth
 Director



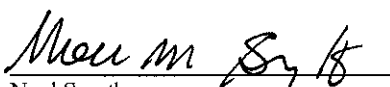
 Bryan Lawlor
 Director

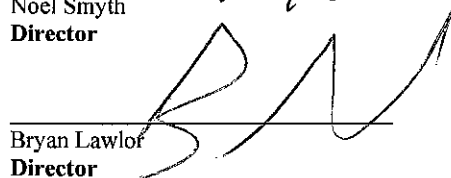
3T'S COMPANY LIMITED BY GUARANTEE
STATEMENT OF FINANCIAL ACTIVITIES
(incorporating an income and expenditure account)
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019

	Notes	Unrestricted Funds 2019 €	Total 2019 €	Unrestricted Funds 2018 €	Total 2018 €
Incoming resources					
Activities for generating funds	3.1	146,659	146,659	179,408	179,408
Resources expended					
Raising funds	4.1	151,697	151,697	112,510	112,510
Net incoming/outgoing resources before transfers		(5,038)	(5,038)	66,898	66,898
Gross transfers between funds		-	-	-	-
Net movement in funds for the financial year		(5,038)	(5,038)	66,898	66,898
Reconciliation of funds					
Balances brought forward at 1 July 2018		195,166	195,166	128,268	128,268
Balances carried forward at 30 June 2019		190,128	190,128	195,166	195,166

The Statement of Financial Activities includes all gains and losses recognised in the financial year. All income and expenditure relate to continuing activities.

Approved by the board of directors on 29 June 2020 and signed on its behalf by:


 Noel Smyth
 Director


 Bryan Lawlor
 Director

3T'S COMPANY LIMITED BY GUARANTEE
STATEMENT OF CASH FLOWS
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019

	Notes	2019 €	2018 €
Cash flows from operating activities			
Net movement in funds		(5,038)	66,898
Adjustments for:			
Depreciation		633	633
		<u>(4,405)</u>	<u>67,531</u>
Movements in working capital:			
Movement in debtors		(12,032)	(1,750)
Movement in creditors		18,570	(19,892)
		<u>2,133</u>	<u>45,889</u>
Cash generated from operations		<u>2,133</u>	<u>45,889</u>
Net increase in cash and cash equivalents		2,133	45,889
Cash and cash equivalents at 1 July 2018		180,190	134,301
Cash and cash equivalents at 30 June 2019	15	<u><u>182,323</u></u>	<u><u>180,190</u></u>

**3T'S COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

1. General information

3T's Company Limited by Guarantee is a company limited by guarantee incorporated in the Republic of Ireland. The registered office of the company is Second Floor, Elm House, Leopardstown Office Park, Sandyford, Dublin 18 which is also the principal place of business of the charity. The financial statements have been presented in Euro (€) which is also the functional currency of the charity.

2. Summary of significant accounting policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and with generally accepted accounting principles in Ireland and Irish statute comprising the Companies Act 2014. They comply with the financial reporting standards of the Accounting Standards Board, as promulgated by Chartered Accountants Ireland. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charitable company's financial statements.

Statement of compliance

The financial statements of the charity for the financial year ended 30 June 2019 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)" and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Incoming resources

Voluntary income or capital is included in the Statement of Financial Activities when the charity is legally entitled to it, its financial value can be quantified with reasonable certainty and there is reasonable certainty of its ultimate receipt. Entitlement to legacies is considered established when the charity has been notified of a distribution to be made by the executors. Income received in advance of due performance under a contract is accounted for as deferred income until earned. Grants for activities are recognised as income when the related conditions for legal entitlement have been met. All other income is accounted for on an accruals basis.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

-Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

**3T'S COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

continued

Resources expended

All resources expended are accounted for on an accruals basis. Charitable activities include costs of services and grants, support costs and depreciation on related assets. Costs of generating funds similarly include fundraising activities. Non-staff costs not attributed to one category of activity are allocated or apportioned pro-rata to the staffing of the relevant service. Finance, HR, IT and administrative staff costs are directly attributable to individual activities by objective. Governance costs are those associated with constitutional and statutory requirements.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment - 33.3% Straight line

Investments

Investments held as fixed assets are stated at cost less provision for any permanent diminution in value. Income from other financial fixed asset investments together with any related withholding tax is recognised in the income and expenditure account in the year in which it is receivable.

Debtors

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the charity from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months' notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the company's taxable income and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

3.	Income				
3.1	Other trading activities	Unrestricted Funds €	Restricted Funds €	2019 €	2018 €
	Voluntary income	104,259	-	104,259	141,300
	3T's dedicated activities	42,400	-	42,400	38,108
		<u>146,659</u>	<u>-</u>	<u>146,659</u>	<u>179,408</u>

3T'S COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019

continued

4.	Expenditure					
4.1	Raising funds	Direct Costs €	Other Costs €	Support Costs €	2019 €	2018 €
	Management, administration and governance costs	116,703	-	-	116,704	93,482
	Cost of generating funds	34,994	-	-	34,994	19,028
		<u>151,697</u>	<u>-</u>	<u>-</u>	<u>151,698</u>	<u>112,510</u>

5.	Net incoming resources	2019 €	2018 €
	Net incoming resources are stated after charging/(crediting):		
	Depreciation of tangible assets	<u>633</u>	<u>633</u>

6. Employees and remuneration

Number of employees

The average number of persons employed during the financial year was as follows:

This does not include directors who volunteer their time and are unpaid as detailed in the Directors Annual Report.

	2019 Number	2018 Number
Administration	<u>2</u>	<u>2</u>
The staff costs comprise:	2019 €	2018 €
Wages and salaries	50,440	61,500
Social welfare costs	6,140	6,643
	<u>56,580</u>	<u>68,143</u>

7. Tangible fixed assets

	Fixtures, fittings and equipment €
Cost	
At 30 June 2019	<u>1,898</u>
Depreciation	
At 1 July 2018	1,066
Charge for the financial year	633
At 30 June 2019	<u>1,699</u>
Net book value	
At 30 June 2019	<u>199</u>
At 30 June 2018	<u>832</u>

3T'S COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019

continued

8. Investments

	Group and participating undertakings €
Investments	
Cost	
At 30 June 2019	100
Net book value	
At 30 June 2019	100
At 30 June 2018	100

The financial asset comprises of 100% of the issued share capital of €1 ordinary shares of iLife Suicide Prevention Limited, which is operating in Ireland and its registered office at Second Floor, Elm House, Leopardstown Office Park, Sandyford, Dublin 18. For the year ended 31 August 2019, iLife Suicide Prevention Limited made a loss of €555 and had net liabilities of €17,707.

9. Debtors	2019	2018
	€	€
Sundry debtors	23,005	25,816
Taxation and social welfare costs (Note 11)	312	151
Prepayments and accrued income	20,741	5,898
	<u>44,058</u>	<u>31,865</u>

Amounts owed by subsidiary undertaking are interest free and repayable on demand.

10. Creditors	2019	2018
	€	€
Amounts falling due within one year		
Trade creditors	3,499	367
Amounts owed to group companies	17,453	17,454
Deferred income	15,600	
	<u>36,552</u>	<u>17,821</u>

Deferred income is conditional on paying certain expenses that relate to costs associated to the year ended 30 June 2020.

11. Taxation and social security	2019	2018
	€	€
Debtors:		
Income tax and Social welfare	<u>312</u>	<u>151</u>

**3T'S COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019**

continued

12. Reserves

	2019	2018
	€	€
At 1 July 2018	195,166	128,268
(Deficit)/Surplus for the financial year	(5,038)	66,898
	190,128	195,166
At 30 June 2019	190,128	195,166

13. Status

The charity is limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding €1.

14. Related party transactions

At 30 June 2019 Corundum Investments Unlimited Company, a related company by way of directors in common owed 3T's €23,005 (2018, €23,005). This balance is fully recoverable and payable on demand.

15. Cash and cash equivalents

	2019	2018
	€	€
Cash and bank balances	182,208	180,075
Cash equivalents	115	115
	182,323	180,190
	182,323	180,190

16. Post-balance sheet events

There have been no significant events affecting the Charity since the financial year-end.

17. Approval of financial statements

The financial statements were approved and authorised for issue by the Board of Directors on 29 JUNE 2019.