

3T's Limited

Directors' report and
financial statements

Year ended 30 June 2014

CRO Registered number 371490
Charity Registration Number 20054878
CHY Number 15710

3T's Limited

Directors' report and financial statements

<i>Contents</i>	<i>Page</i>
Directors and other information	1
Directors' report	2 - 10
Statement of directors' responsibilities in respect of the directors' report and the financial statements	11
Independent auditor's report	12 - 13
Statement of financial activities	14
Balance sheet	15
Notes forming part of the financial statements	16 - 19

3T's Limited

Directors and other information

Directors	Noel Smyth (Chairman) Bryan Lawlor Nigel Kinnaird (UK)
Secretary	Alannah Smyth
Registered office	3 Arkle Road Sandyford Dublin 18
Auditor	KPMG Chartered Accountants 1 Stokes Place St. Stephen's Green Dublin 2
Principal bankers	Bank of Ireland Lower Baggot Street Dublin 2
Solicitors	Noel Smyth & Partners 22 Fitzwilliam Square Dublin 2

3T's Limited

Directors' report

The directors present their report and the audited financial statements for the year ended 30 June 2014.

Principal activities and organisation mission

The mission of the 3Ts (Turn the Tide of Suicide) is to help turn the tide of suicide through Research, Intervention and Support. The principal activity of the charity is to raise awareness of the issue of suicide & self-harm, and, most importantly, of the help that is available for those in crisis. In addition, the 3Ts provides funding support to other organisations working in the field and commissions innovative research projects and other selected programmes in the fields of suicide, self-harm, and mental health. The charity lobbies Government and we encourage all citizens to hold successive and future governments to account on providing adequate funding and to remind elected representatives of their failure to provide proper or adequate funding to resource the prevention of suicide to date.

The directors expect the general level of activity to continue for the foreseeable future.

Directors and secretary and their interests

The directors and secretary of the company are outlined on page 1.

Post balance sheet events

There have been no significant events affecting the company since the balance sheet date.

Accounting records

The directors believe that they have complied with the requirements of Section 202 of the Companies Act, 1990 with regard to books of account by employing personnel with appropriate expertise and by providing adequate resources to the financial function. The books of account are maintained at 3 Arkle Road, Sandyford, Dublin 18.

Auditor

In accordance with Section 160 (2) of the Companies Act, 1963, the auditor, KPMG, Chartered Accountants, will continue in office.

3T's Limited

Directors' report *(continued)*

CHAIRPERSON'S REPORT – Noel Smyth

Background:

The No. 1 killer of young men in Ireland is not cancer, nor is it road traffic deaths, it is Suicide. Whilst latest confirmed official figures (CSO 2012) indicate 541 deaths by suicide, it is believed that over 600 people in Ireland die through suicide annually equating to approx. two deaths by suicide every day in Ireland. Three times more people die by suicide than die on our roads and yet only a fraction of the funding spent on road safety is spent on suicide prevention. There are a staggering 12,000 presentations of deliberate self-harm annually to A & E Departments, but the true figure is believed to be in the region of 60,000. Of the 12,000 cases in 2012, 700 cases of self-harm by attempted hanging were recorded. The same number of 700 attempted hangings occurred in 2011 also.

The 3Ts was co-founded in 2003 by solicitor & businessman, Noel Smyth, and eminent psychiatrist, Prof Kevin Malone of SVUH & UCD, together with Joe MacAvin, of the Mater Foundation. At the time suicide was a taboo subject and so the 3Ts was established to raise awareness of the issue of suicide and to help prevent future suicide deaths through Research, Intervention & Support. Since then 3Ts has developed a strong supporter base, becoming a voice for many in reflecting concerns about the devastating effect suicide has on Irish society and the need for change in policy and implementation both at national and community levels.

Results:

In year end June 2014, 3Ts had an income of €347,306 and spent €274,242. Income was generated solely through donations, charity partnerships, third party fundraising activities and dedicated 3Ts activities.

€61,358 was spent on staff salaries, €38,771 on administration and €31,980 on professional fees. Additional major elements of expenditure during this tax year were in maintaining the 1Life Suicide Helpline and the 3Ts campaign for a Suicide Prevention Authority in the run up to the local elections.

Full results for the year are set out on page 14.

Structure, Governance and Management:

The 3Ts is constituted as a company limited by guarantee without a share capital. Its purpose and objects are set out in its Memorandum of Association and how it conducts business is set out in its Articles of Association. Both these documents are available upon request and are publicly available from the Companies Registration Office website www.cro.ie.

3T's Limited

Directors' report *(continued)*

Board & Committee:

The Board of Directors is made up of three people, comprising Noel Smyth, Nigel Kinnaird and Bryan Lawlor. Chairperson of the Board is Noel Smyth.

The Charity has an active Committee that meets on a regular basis comprising Chairman, Noel Smyth, Lise Alford (Executive) Manager, Sara Kelly (Executive), Mental Health Co-ordinator, and Company secretary, Alannah Smyth, Solicitor, together with a group of volunteers currently comprising Joe MacAvin, Geoffrey Canavan and Fiona Lavin. Their expertise ranges from healthcare, mental health, legal, business, PR and Marketing. The Committee continuously helps to promote 3Ts' activities in ensuring the Charity secures best value for the money raised and ensures that we put forward our Mission Statement with a view to arranging funds to achieve those goals. A presentation is prepared for the Board by the Executive Manager in respect of any proposed project or activity and through the Committee, the Board is presented with various projects from time to time. All decisions in relation to the expenditure of monies, the making of grants and any related matters are all made following a thorough examination by the Executive Manager with support from A N Other Committee Member and are then submitted to the Board for approval, except in instances where such matters fall under the direct remit of the Board.

With the exception of the 3Ts staff representatives on the committee, members of the 3Ts committee and directors of the 3Ts board all provide their time and expertise on a voluntary basis and do not receive a salary for their work for the charity.

Decisions reserved for the board to make include:

- The Company's strategic plans and annual operating budgets;
- Projects outside the scope of the strategic plan;
- Litigation;
- Appointment/Removal of Committee Chairs & Members;
- Appointment/Removal of Staff and approval of new staff positions;
- Appointment/Removal of Auditors;
- Approval of Contracts with term exceeding one year or financial liability on 3Ts exceeding €5,000;
- Annual Review of Risk and Internal Control;

Whilst the board of directors is ultimately responsible for 3Ts and for the above list, certain duties and responsibilities are delegated from the Board of Directors to the Manager or to a sub-Committee and onward to the staff. This includes implementation of the strategic plan; co-ordination of staff and volunteer resources, implementation of programmes, projects and supporting materials; liaison with service and other suppliers and other administrative duties. The Manager is also responsible for the provision of regular reports and documents for consideration to the 3Ts board and 3Ts committee.

From time to time, 3Ts enters into partnerships with other organisations on specific projects or in specific work areas. These agreements are determined by a "Memorandum of Understanding" which is usually approved by the board of directors. If 3Ts agrees to provide funding to any other charitable organisation, it first considers a detailed submission for the organisation seeking such funding and then monitors its funding going forward. The Charity first secures (often on a pro bono basis) tax, accountancy and legal advice prior to any contract or agreement being entered into by the Charity.

3T's Limited

Directors' report *(continued)*

Staff:

The 3Ts employ two permanent staff members based in an office in Dublin 18 and headed up by the Chairman, Noel Smyth who also carries out an executive function on the day to day operation of the charity.

Manager: Lise Alford

Mental Health Co-ordinator: Sara Kelly

The staff report to directly to the Chairman with certain decisions reserved for the committee and onward to the board.

Ethos & Activities:

Research:

There was no research activity undertaken during this accounting year. However, approval was given in June 2014 to a collaborative programme to incorporate research for which funding will commence in September 2014.

Intervention:

- *1Life Suicide Prevention Helpline:* During this year, a large proportion of 3Ts funding was allocated to the 1Life Helpline. 1Life was established in 2009, in partnership with fellow charity, Console to meet the need for a 24 hour freephone suicide prevention helpline at a time when no other such helpline was available 24/7. From 2009, 3Ts invested circa €240,000 annually in maintaining this service but in the intervening years, additional helplines came on stream in Ireland, providing help & intervention to those in need on a 24/7 basis and otherwise. Duplication of services has been correctly identified as an issue amongst Irish suicide prevention charities and, following an independent audit of the 1Life service commissioned by 3Ts in 2013, it was further identified that the Samaritans were now providing a 24 hour Helpline service, which with effect from March 2014, would also become the pan-European freephone number for emotional support 116-123. Whilst 1Life had played a crucial role in suicide prevention since 2009, the decision was taken that the 1Life Helpline would be duplicating the service provided by others, and our resources would, therefore, be better used elsewhere. Towards year end June 2014, 3TS commenced a consultative process with the National Office of Suicide Prevention on the wind down of the 1Life Helpline Service whilst ensuring that vulnerable callers would continue to have access to necessary support. As a result, our annual investment in 1Life was scaled back for the year ended June 2014 to approximately €54,000. This will be further scaled back into the next accounting year.
- *Self Help eLibrary on www.3ts.ie*
Work commenced in March 2014 on the development of a Self Help eLibrary comprising a range of booklets covering a variety of mental health topics. This online Self Help eLibrary was conceived as a 'first step' towards recovery for individuals who may not have had direct access to therapy or key information which could be of help. The literature, which was written by clinical psychologists, include the following topics – Alcohol & You, Anxiety, Bereavement, Panic, Post Traumatic Stress, Depression, Post Natal Depression, Self-Harm and Obsessions & Social Anxiety. The booklets are available in a variety of formats – they are available in audio format, can be viewed online in PDF or downloaded to view or print.

3T's Limited

Directors' report *(continued)*

- *SafeTALK Training*
SafeTALK (Suicide Alertness for Everyone) is an internationally recognised half-day training programme that increases suicide alertness and prepares participants to identify individuals who may be at risk of suicide. In 2013, 3Ts was appointed by the National Office for Suicide Prevention as an approved SafeTALK training provider. SafeTALK participants are equipped with all the skills necessary to become active in preventing suicide. 3Ts SafeTALK facilitators are now available to provide SafeTALK workshops for many of Ireland's leading companies and organisations, as well as community groups and other interested parties.
- *3TsTALK Mental Health Workshops*
During 2013 work commenced on developing 3TsTALK Mental Health Workshops. 3TsTALK workshops are available to businesses, schools & colleges, community, sporting and other interested groups and are tailor-made to meet the needs of the particular group.

Funding Support:

It is the ethos of the 3Ts to distribute a certain amount of funds raised to other organisations working in the field of suicide prevention, post-vention and intervention, whether to support service provision or to assist in funding research.

In the 3Ts first year in 2003, income of €100,000 was distributed between 10 different charities and research projects. Over the years, 3Ts has invested heavily in research and on supporting suicide intervention, prevention and post-vention initiatives, and continues to donate a portion of funds raised to other groups and organisations working at the coal-face or to partnerships in specific programmes which we believe will help prevent future deaths by suicide.

In addition to funding in the sum of €54,000 allocated to 1Life during this year (see above), funding was allocated to the following organisations:

- *Living Links National*
- *Living Life Counselling*
- *Wexford Marinewatch*

3Ts also supports a wide variety of organisations through sign-posting and promotional activities on social media and via our website www.3ts.ie.

Awareness Activities (see also Fundraising):

Since its foundation, 3Ts has been involved in a variety of successful awareness projects which have contributed to bringing the problem to the public consciousness. The charity continually lobbies Government and actively promotes the necessity for increased funding and better services to help prevent further loss of life through suicide. During this year, these activities included but were not limited to:

- 3Ts Golf Tournament supported by 3ts Patron, Pdraig Harrington. This annual tournament is open to all GUI Clubs and serves both as an awareness raising and fundraising activity in communities nationwide.
- Suicide Authority: Local Election Campaign – see Suicide Prevention Authority proposal below.

Collaboration:

The 3Ts undertook to expand its collaborative efforts during the year 2013/14, resulting in participation in the following activities:

3T's Limited

Directors' report *(continued)*

- Membership of See Change and engagement in related activity during its annual May Campaign;
- Participation in development of the new National Strategic Framework for Suicide Prevention: 3Ts was represented by Lise Alford, as a member of the Engagement Advisory Group co-ordinated by the National Office for Suicide Prevention (NOSP) and in collaboration with other stakeholders.
- Membership of Dun Laoghaire Rathdown Chamber of Commerce.
- Charity Partnerships (see Fundraising below)
- Continued support and promotion of other organisations, events and activities including those of fellow suicide prevention, intervention and post-vention charities, and those of the National Office for Suicide Prevention.

Lobbying: Government, Political & General:

About 3TS call for a Suicide Prevention Authority

Since its foundation, 3TS has been calling for a concerted approach to suicide and believes that only a Suicide Prevention Authority, or similar entity, similar in structure to the Road Safety Authority can deliver an effective solution. A comparable structure adopted in Scotland, where £25 million was allocated to tackling suicide, resulted in a 25% decrease in those dying by suicide over a period of 5 years.

Current Suicide Landscape Ireland

- 541 people died by Suicide in Ireland in 2012. Annual figure estimated to be closer to 700 per year (including undetermined & other deaths). The island of Ireland has one of the highest rates of suicide in young men in Europe
- We believe each successive Government in Ireland over the past twelve years has failed to adequately address the issue of Suicide in Ireland*
- 'Reaction' to suicide is at its strongest in the aftermath of 'high profile' deaths by Suicide but little actually changes to address it once the 'story' has dissipated
- Whilst much good work is in progress by the NOSP and related offices, the actual issue of Suicide in Ireland is largely ignored in terms of statutory service provision
- Prevention Services are generally charitable organisations which are grossly under-funded*
- We still have no definitive breakdown on the actual amount being spent on Suicide Prevention in Ireland*
- There is no definitive list of co-ordinated suicide prevention and related services in Ireland*
- History also suggests that monies intended for Suicide Prevention & Mental Health in Ireland have actually been used to plug budget deficits elsewhere within the health service

What would a Suicide Prevention Authority Do?

- Create a Framework for Suicide & Self Harm Prevention in Ireland
- Set up a Public Accounts Committee to investigate how monies are being spent and adjudge their efficacy
- Change Current Thinking That Suicide Cannot be Prevented Via a Sustained Public Information Campaign – Advertising, PR & Marketing
- Accelerate a Mental Health and Suicide Prevention Education Framework that will be included on the National Education Curriculum – Primary, Secondary, Third Level
- Implement recommendations arising out of National Research which examines all aspects of Suicide in Ireland

3T's Limited

Directors' report *(continued)*

- Create an obligatory Suicide Prevention Programme Qualification for all Teachers, Counsellors, GP's, Nurses, Gardai, Prison Wardens
- Set up a dedicated Suicide Prevention service in every A&E unit in Ireland
- Set up a dedicated Suicide Prevention 24/7 GP on call service in every town and city in Ireland
- Fund provision of effective bereavement services for those who have been bereaved through Suicide.
- There is positive work being done and we all acknowledge that but we need to build on that in a systematic way
- Coordinate so that best service providers are available to everyone in Ireland.

Suicide Prevention Authority Activity 2013/2014: In 2014, 3TS sought to highlight the above statistics and subsequent importance of establishing a Suicide Prevention Authority amongst local election candidates. 3TS believe that harnessing this political support at local level, where many communities have been affected by suicide, is an important step in the establishment of effective national Authority to deal objectively with the issue of suicide in Ireland.

Local Election Candidates: An information dissemination campaign was devised, targeting all candidates in the run-up to local elections. Every candidate received information regarding the need for a Suicide Prevention Authority, the offer of further information/ engagement with 3TS and a request for that candidate to pledge their support for the establishment of a Suicide Prevention Authority as part of their political manifesto once elected.

Public/ Voter Support: In tandem with this direct candidate approach, members of the general voting public were also encouraged by 3TS to consider their votes in conjunction with candidates' knowledge of/ interest in the adoption of more effective suicide prevention measures via the establishment of a Suicide Prevention Authority. Ads were placed in a number of local newspapers which for the first time, established Suicide Prevention policy as a political issue in need of address.

Media: Subsequent national and local print press & broadcast interviews were conducted by Chairman Noel Smyth, urging voters to consider the issue of suicide prevention and candidates' policy on same when casting their votes.

Results: Many party affiliated and independent candidates engaged with 3TS, acknowledged the need for a more focused approach to Suicide Prevention and subsequently pledged their support for the establishment of a national Authority. Subsequent to this campaign, the following Councils have all voted in favour of a national Suicide Prevention Authority Strategy – Cork City Council, Galway City Council, Louth County Council, Sligo County Council, Leitrim County Council & Meath County Council.

The 3TS Campaign for a Suicide Prevention Authority is an ongoing activity.

Fundraising:

The 3Ts receives no statutory funding and relies instead on its own fundraising activities, those of its third party fundraisers, and supporters and corporate and other charity partnerships.

- **Charity Partnerships**

3T's Limited

Directors' report *(continued)*

SPAR Charity of the Year: 3Ts have enjoyed the privilege of being SPAR Charity of the Year since 2009. In the first year, the funds raised through SPAR BWG initiatives contributed to the establishment by 3Ts of the 1Life Suicide Helpline, in partnership with Console. Since 2009, SPAR funds have continued to help maintain this vital helpline service as well as contributing to key 3Ts projects and activities.

Exigent Networks: In January 2013, we welcomed ICT provider, Exigent Networks, as charity partner in a year long activity which culminated in January 2014. The enthusiastic and energetic team at Exigent committed to a yearlong programme of awareness and fundraising activities, ranging from mountain climbing, running marathons, bag-packing, bucket collections and lobbying for a Suicide Prevention Authority. In addition to raising funds, Exigent used these opportunities to raise awareness of the issue of suicide in Ireland and to garner public support for the 3TS' campaign for a Suicide Prevention Authority via a petition and a successful Twitter campaign. The staff also undertook safeTALK training under 3ts safeTALK facilitators.

Many individuals, organisations and businesses from all over the country support 3TS work via fundraising activities helping us to fund 3TS's Suicide Prevention research, intervention & education initiatives.

3TS have been honoured to work directly with many groups & individuals in the period 2013 - 2014, ensuring that each receives expert support for their fundraising activity. We value each and every fundraiser and fundraising activity. These days, we have supporters running 5k and 10k races, full marathons, triathlons, marathon cycles and even the odd Ironman Race. We appreciate the commitment in time and effort that goes into training for activities, let alone the additional effort required to raise sponsorship monies in tandem. We would like to extend our thanks to all our supporters and fundraisers who worked so tirelessly on our behalf during this year.

Some highlights this year include, but are not limited to:

- 12ks of Christmas: 12k Run in Kilkenny on 12 consecutive nights led by Ger Griffin and attracting hundreds of participants fundraising in aid of both Console and 3Ts;
- Run For Mum – Maynooth: 5k Run on St Stephens Day attracting hundreds of runners & walkers
- Leslie West Around Ireland in 24 Hours Motorbike Ride
- Zumbathon with Z & K Fitness
- Loreto Flyers Cycle Against Suicide
- Twomey Remorial Weekend, Cork fundraising in aid of a number of charities including 3Ts
- 3Ts advocate Lar Phelan – Ironman Nice
- Run Reg Run: Regina O'Reilly Run from Nottingham UK to Castleblayney, Co Monaghan
- Connor McKeon & his Big Band: National Concert Hall Concert.
- Christmas Campaign with SPAR launched by Irish Rugby Player Gordon D'Arcy

Website & Social Media:

3Ts continued to consolidate its presence on Twitter and over the course of the year increased our activity and audience both on Twitter and on Facebook. 3Ts utilises these platforms to comment, disseminate news, sign-post to services and acknowledge and give account of activities of the charity, its supporters and third party fundraisers. These platforms provide the charity with an opportunity to engage with others interested in the field of suicide prevention, intervention or post-vention and to solicit feedback from those engaging or following the charity's pages.

www.3Ts.ie

3T's Limited

Directors' report *(continued)*

For many years, 3Ts has worked with Strategic Digital Consultancy, Arekibo. Arekibo provide an expert team of designers and developers who work closely with 3Ts to ensure the 3Ts website is accessible, easily navigated and a useful resource for anyone seeking information about suicide whether sign-posting to services, to download reports or to access news or views of the charity. 3Ts staff undertake all updates and site maintenance in-house which ensures 3ts.ie is constantly up to date and relevant.

Chairman's Summary:

According to the most recent statistics, 2 people die by suicide every day in Ireland representing an annual total of 700 lives lost. The number 1 killer of young men in Ireland is not cancer nor is it road deaths, it is suicide. No town, city or county in Ireland remains unaffected by suicide and too often, many of our families and friends can identify personally with the issue having been directly affected by the death of a loved one.

Since our foundation in 2003, 3TS has funded, commissioned and supported a range of research projects, grass roots organisations, suicide prevention programmes and centres and have overseen the distribution of funds to charities working in the field.

3TS receives no government/ statutory funding and is funded by donations and fundraising activities alone. It is our firm view that until the Government commits full funding to the implementation of its existing suicide prevention strategy, the problem of suicide in Ireland will continue to escalate.

The Road Safety Authority model has demonstrated that a properly funded and focused campaign can make a real difference. Similarly, we believe that an independent National Suicide Authority could make a difference in saving lives lost to Suicide in Ireland. We actively lobby Government to properly fund existing suicide prevention strategies and are continuing our campaign for the formation of such an Authority.

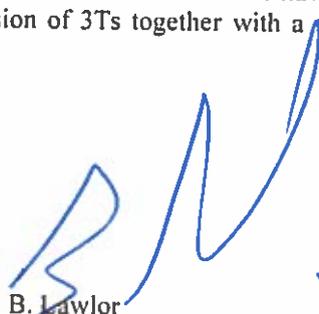
The 3Ts can only survive on the basis of the huge support that we receive from people who have the same concern as we have the need to bring about the prevention of suicide in Ireland. Ireland needs more committed resources and most importantly we need commitment from Government that the issue of suicide prevention is one that is firmly on their agenda and not just vague promises in their manifesto.

3Ts believe that we owe it to upcoming generations to make this world / country a safer and better place, where they can find help when and if they need it.. We cannot say at this remove that we have a better world or a better society than the one left to us by our parents and by those who wrote our Constitution unless we insist that future generations are not haunted by the stigma of suicide and our individual failure on their behalf. We must insist that our politicians bring suicide to the top of the agenda of human rights i.e. the right to live even though we sometimes feel we want to die. We have to protect those who are and continue to be most vulnerable. It is the mission of 3Ts together with a number of suicide charities to work towards that very end.

On behalf of the board



N. Smyth
Director



B. Lawlor
Director

15 May 2015

3T's Limited

Statement of directors' responsibilities in respect of the directors' report and the financial statements

The directors are responsible for preparing the Directors' Report and financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law, the directors have elected to prepare the financial statements in accordance with Generally Accepted Accounting Practice in Ireland, comprising applicable company law and the accounting standards issued by the Accounting Standards Board and promulgated by the Institute of Chartered Accountants in Ireland. The company's financial statements are required by law to give a true and fair view of the state of affairs of the company and of the profit or loss for that year.

In preparing those financial statements, the directors are required to:

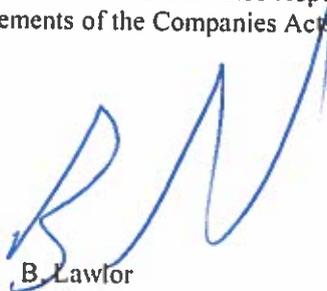
- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper books of account which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Acts 1963 to 2013. They are also responsible for taking such steps as are reasonably open to them to safeguard the assets of the company and to prevent and detect fraud and other irregularities. The directors are also responsible for preparing a Directors' Report that complies with the requirements of the Companies Acts 1963 to 2013.

On behalf of the board



N. Smyth
Director



B. Lawlor
Director



KPMG
Audit
1 Stokes Place
St. Stephen's Green
Dublin 2
Ireland

Independent auditor's report to the members of 3T's Limited

We have audited the financial statements of 3T's Limited for the year ended 30 June 2014 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is Irish law and accounting standards issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland (Generally Accepted Accounting Practice in Ireland).

This report is made solely to the company's members, as a body, in accordance with section 193 of the Companies Act 1990. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditor

As explained more fully in the Directors' Responsibilities Statement set out on page 9, the directors are responsible for the preparation of the financial statements giving a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with Irish law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Financial Reporting Council's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the director's report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion:

- the financial statements give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 30 June 2014 and of its surplus for the year then ended; and
- the financial statements have been properly prepared in accordance with the Companies Acts 1963 to 2013.



Independent auditor's report to the members of 3T's Limited *(continued)*

Matters on which we are required to report by the Companies Acts 1963 to 2013

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

The financial statements are in agreement with the books of account and, in our opinion, proper books of account have been kept by the company.

In our opinion the information given in the directors' report is consistent with the financial statements.

The net assets of the company, as stated in the balance sheet are more than half the amount of its called-up share capital and, in our opinion, on that basis there did not exist at 30 June 2014 a financial situation which under Section 40(1) of the Companies (Amendment) Act, 1983 would require the convening of an extraordinary general meeting.

Matters on which we are required to report by exception

We have nothing to report in respect of the provisions in the Companies Acts 1963 to 2013 which require us to report to you if, in our opinion the disclosures of directors' remuneration and transactions specified by law are not made.

Tom McEvoy
for and on behalf of
KPMG

Chartered Accountants, Statutory Audit Firm
1 Stokes Place
St. Stephen's Green
Dublin 2

15 May 2015

3T's Limited

Statement of financial activities for the year ended 30 June 2014

	Notes	2014 €	2013 €
Incoming resources			
Incoming resources from generated funds			
- Voluntary income	2	296,548	215,345
- Investment income	2	62	63
- 3Ts dedicated activities	2	50,696	45,226
		<hr/>	<hr/>
Total incoming resources		347,306	260,634
		<hr/>	<hr/>
Resources expended			
Charitable activities			
Cost of generating funds		74,000	305,000
Management, admin and governance costs		68,133	68,105
		132,109	110,604
		<hr/>	<hr/>
Total resources expended		274,242	483,709
		<hr/>	<hr/>
Surplus/(deficit) for the year		73,064	(223,075)
		<hr/>	<hr/>

The company had no recognised gains or losses in the financial year or the preceding financial year other than those shown in the statement of financial activities.

On behalf of the board



N. Smyth
Director



B. Lawlor
Director

3T's Limited

Balance sheet

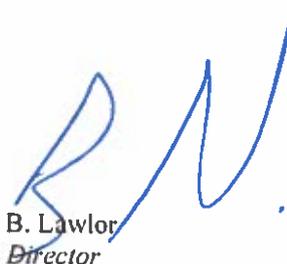
at 30 June 2014

	Notes	2014 €	2013 €
Fixed assets			
Financial assets	6	100	100
		<hr/>	<hr/>
Current assets			
Debtors	7	5,327	2,811
Cash at bank and in hand		429,830	351,435
		<hr/>	<hr/>
		435,157	354,246
Creditors: amounts falling due within one year	8	(10,583)	(2,736)
		<hr/>	<hr/>
Net current assets		424,574	351,510
		<hr/>	<hr/>
Net assets		424,674	351,610
		<hr/>	<hr/>
Funds of the charity			
Unrestricted funds	9	424,674	351,610
		<hr/>	<hr/>
Total funds	10	424,674	351,610
		<hr/>	<hr/>

On behalf of the board



N. Smyth
Director



B. Lawlor
Director

3T's Limited

Notes

forming part of the financial statements

1 Significant accounting policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Basis of preparation

The financial statements have been prepared under the historic cost convention and with reference to the recommendations of the revised Statement of Recommended Practice (SORP) Accounting and Reporting by Charities issued by the Charity Commissioners in 2005.

Taxation

The company has been recognised by the Charities Section of the Revenue Commissioners as being a body established for charitable purposes within the meaning of Section 207 TCA, 1997 and accordingly is exempt from corporation tax.

Incoming resources

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of general nature are recognised when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Income from fundraising activities is recognised as earned, as the related goods and services are provided.

Investment income is recognised on a receivable basis.

Resources expended

Expenditure is recognised when a liability is incurred. Contractual arrangements and performance related grants are recognised when a constructive obligation arises that results in the payment being unavoidable.

Costs of generating funds are those costs incurred in attracting voluntary income. Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

3T's Limited

Notes (continued)

2 Sources of income	2014 €	2013 €
Unrestricted funds		
Donations	296,548	215,345
3Ts dedicated activities	50,696	45,226
Deposit interest	62	63
	<hr/>	<hr/>
Total incoming resources	347,306	260,634
	<hr/> <hr/>	<hr/> <hr/>
3 Statutory and other information	2014 €	2013 €
Auditor's remuneration	-	-
Directors' remuneration	-	-
	<hr/> <hr/>	<hr/> <hr/>
4 Staff numbers and costs	Average number of employees	
	2014	2013
Administration	2	2
	<hr/>	<hr/>
The aggregate payroll costs of this person were as follows:		
	2014 €	2013 €
Wages and salaries	55,402	52,198
Social welfare costs	5,956	5,549
	<hr/>	<hr/>
	61,358	57,747
	<hr/> <hr/>	<hr/> <hr/>
5 Tax on (loss)/profit on ordinary activities		

The company has been recognised by the Charities Section of the Revenue Commissioners as being a body established for charitable purposes within the meaning of Section 207 TCA, 1997 and is accordingly exempt from corporation tax.

3T's Limited

Notes (continued)

6	Financial fixed assets	2014	2013
		€	€
	Shares in subsidiary undertaking at cost:		
	At beginning and end of year	100	100
		<u> </u>	<u> </u>
	The financial asset comprises 100% of the issued share capital of 1 Life Suicide Prevention Limited, which is operating in Ireland and has its registered office at 3 Arkle Road, Sandyford, Dublin 18.		
7	Debtors	2014	2013
		€	€
	Other debtors	5,327	2,811
		<u> </u>	<u> </u>
8	Creditors: amounts falling due within one year	2014	2013
		€	€
	Accruals and deferred income	3,542	100
	PAYE/PRSI	7,041	2,636
		<u> </u>	<u> </u>
		10,583	2,736
		<u> </u>	<u> </u>
9	Statement of movements on statement of financial activities	2014	2013
		€	€
	At beginning of year	351,610	574,685
	Surplus/(deficit) for the year	73,064	(223,075)
		<u> </u>	<u> </u>
	At end of year	424,674	351,610
		<u> </u>	<u> </u>

3T's Limited

Notes (continued)

10 Reconciliation of movement in funds of the charity	2014	2013
	€	€
Opening funds	351,610	574,685
Surplus/(deficit) for the year	73,064	(223,075)
	<hr/>	<hr/>
Closing funds	424,674	351,610
	<hr/> <hr/>	<hr/> <hr/>

11 Company status

The company is limited by guarantee and does not have share capital.

12 Post balance sheet events

There have been no significant post balance sheet events.

13 Approval of financial statements

The directors approved the financial statements on 15 May 2015.