

Company Number: 371490  
Charity Number: CHY15710  
Charities Regulatory Authority Number: 20054878

**3T'S COMPANY LIMITED BY GUARANTEE**  
**ANNUAL REPORT AND AUDITED FINANCIAL STATEMENTS**  
**FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

**Kieran Ryan & Co.**  
**Chartered Accountants and Statutory Audit Firm**  
**20 Upper Mount Street**  
**Dublin 2**

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**3T'S COMPANY LIMITED BY GUARANTEE  
REFERENCE AND ADMINISTRATIVE INFORMATION**

<b>Directors</b>	Noel Smyth Bryan Lawlor Nigel Kinnaird Alannah Smyth
<b>Company Secretary</b>	Alannah Smyth
<b>Charity Number</b>	15710
<b>Charities Regulatory Authority Number</b>	20054878
<b>Company Number</b>	371490
<b>Registered Office and Principal Address</b>	Second Floor Elm House Leopardstown Office Park Sandyford Dublin 18
<b>Auditors</b>	Kieran Ryan & Co. Chartered Accountants and Statutory Audit Firm 20 Upper Mount Street Dublin 2
<b>Bankers</b>	Bank of Ireland Lower Baggot Street Dublin 2
<b>Solicitors</b>	HBMO Solicitors 12 Ely Place Dublin 2

**3T'S COMPANY LIMITED BY GUARANTEE  
DIRECTORS' ANNUAL REPORT  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

The directors present their directors' annual report, combining the directors' report and trustees' report, and the audited financial statements for the year ended 30 June 2020.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2014 and, although not obliged to comply with the Statement of Recommended Practice charities SORP (effective January 2015) in accordance with FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

The charity is Limited by Guarantee not having a share capital.

**Principal activities and organisation mission**

The mission of 3T's (Turn the Tide of Suicide) is to help turn the tide of suicide through research, education and support. The principal activities of the company are:

- *Awareness*: raising awareness of the issues of mental health, suicide and self-harm and of the help available for those in crisis;
- *Research*: funding innovative research projects to help fill the knowledge gap around suicide;
- *Education*: providing suicide prevention and mental health training workshops, literature, videos and online resources;
- *Support*: 3T's partners and collaborates with other groups and organisations on mental health and suicide prevention activities and also provides funding support to organisations and groups working in the fields of suicide prevention and mental health;
- *Campaigning*: 3T's campaign and lobby for adequate funding to resource suicide prevention strategies calling on the Government to establish a Suicide Prevention Authority and for the establishment of 24/7 Crisis Centres to meet the needs of those in crisis through self-harm or suicidal behaviours.

**Structure, governance and management**

**Structure**

- 3T's is constituted as a Company Limited by Guarantee without a share capital. The purpose and objectives and how it conducts business are set out in its Constitution. This combined document is available upon request and is publicly available from the Companies Registration Office website ([www.cro.ie](http://www.cro.ie)).
- 3T's is registered with the Charities Regulator (registered charity no. 20054878) and meets the Regulator's annual reporting and other requirements.
- 3T's is committed to adopting the Charities Governance Code to ensure the effective management and control of our charity. 3T's has adopted the journey to compliance to ensure full accountability and transparency for the charity going into the future.
- 3T's is committed to best practice in fundraising and is fully committed to achieving the standards contained within the Charities Regulator's Guidance for Charitable Organisations on fundraising from the Public (the 'Guidelines').

The Guidelines exist to:

- improve fundraising practice;
- promote high levels of accountability and transparency by organisations fundraising from the public;
- provide clarity and assurances to donor and prospective donors about the organisations they support.

We, the directors of 3T's, have considered the guidelines and believe we meet the standards it sets out.

**3T'S COMPANY LIMITED BY GUARANTEE  
DIRECTORS' ANNUAL REPORT  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

The following related documents are available to view or download on our website [www.3ts.ie](http://www.3ts.ie) or can be obtained upon request from our office via email [info@3ts.ie](mailto:info@3ts.ie) or telephone 01-2139905.

- Resolutions of 3T's board to adopt the charities regulator guidelines for charitable organisations on fundraising from the public
- The Charities Governance Code
- Donor Charter
- Public Compliance Statement
- Complaints and Feedback Procedures

For the year ended 30 June 2020, 3T's was registered with the following organisations:

- The Governance Code Registry
- Irish Charities Regulatory Authority (No. 20054878)
- Charities Institute Ireland
- [www.lobbying.ie](http://www.lobbying.ie)
- The Wheel

**Financial results**

At the end of the financial year the charity has assets of €197,930 (2019, €226,680) and liabilities of €21,279 (2019, €36,552). The net assets of the charity have decreased by €13,477.

**Directors**

The directors who served throughout the year, except as noted, were as follows:

Noel Smyth  
Bryan Lawlor  
Nigel Kinnaird  
Alannah Smyth

The secretary who served throughout the financial year was Alannah Smyth.

**Compliance with sector-wide legislation and standards**

The charity engages pro-actively with legislation, standards and codes which are developed for the sector. 3T's Company Limited by Guarantee subscribes to and is compliant with the following:

- The Companies Act 2014
- The Charities Act 2009
- The Charities SORP (FRS 102)
- GDPR (General Data Protection Regulations)

GDPR legislation came into effect in May 2018 and 3T's took steps to ensure that they were fully compliant with this new legislation.

3T's is committed to the principles inherent in the GDPR and particularly to the concepts of privacy by design, the right to be forgotten, consent and a risk-based approach. In addition, we aim to ensure:

- transparency with regard to the use of data
- that any processing is lawful, fair, transparent and necessary for a specific purpose
- that data is accurate, kept up to date and removed when no longer necessary
- that data is kept safely and securely.

Our privacy policy is available to view on [www.3ts.ie](http://www.3ts.ie) or on request by email to [info@3ts.ie](mailto:info@3ts.ie).

**3T'S COMPANY LIMITED BY GUARANTEE  
DIRECTORS' ANNUAL REPORT  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

**Chairperson's report - Noel Smyth**

The year ended 30 June 2020 has been a year like no other. It will be forever defined by the global coronavirus pandemic (Covid-19). The impact of this extraordinary period on physical and mental health will be felt for years to come and our hearts go out to all families who have lost loved ones during this time.

And yet just months before in 2019 we had no idea of what was to come. Official suicide figures in Ireland were at their lowest in 10 years. Our activities for the year were underway. Schools and colleges had embraced our Share the Load programme, whilst our safeTALK training was delivered to groups and organisations all over the country. Our research project in partnership with Trinity College was close to completion and our annual 3T's Golf Tournament was underway, with clubs countrywide raising awareness of suicide prevention at local level. Early in 2020, when we launched our "One Kind Word" campaign to highlight the importance of kindness to mental health, we didn't know just how significant that word "Kindness" would become as the year progressed. Almost immediately afterwards, the coronavirus pandemic reached our shores and our lives changed dramatically. All 3T's face-to-face activities were curtailed as the country went into lockdown. Kindness became a priority and a byword for the times.

By our year end in June, Ireland had partially reopened and 3T's focus was firmly on communication. Rules, regulations and guidelines were constantly changing and so we focussed on providing up to date and relevant information and content on suicide and mental health across our online channels, our website and social media. Our "One Kind Word" street artwork was still in situ in the heart of the city centre, but the streets were largely empty of all but essential workers and locals. Everyone and everything had moved online.

Like everyone, 3T's had to adapt to new work practices, to do our best within the limitations imposed on us during this challenging time and we have embraced these changes, but one thing that does not change is the need to look after our mental health and to look out for one another. In 2020, this became a recognised priority the world over, second only to taking measures to avoid the virus itself. As the race escalated to find a vaccine for the coronavirus, by contrast there is no vaccine to protect our mental health, but we can all take steps to protect it, to manage it and to help others.

**Suicide statistics**

No figures are available yet on the impact of the pandemic on levels of suicide during 2020. This delay in data release is an ongoing issue which 3T's have consistently highlighted. Latest official figures for deaths by suicide in Ireland are for 2018 (437). A provisional figure of 421 is reported for 2019 but this will likely be higher once late registrations are added in 2021.

At face value, Ireland's suicide rates are at their lowest since 1989. However, unlike many other countries, the Irish CSO does not include underdetermined deaths or deaths where intentional self-harm is the underlying cause, resulting in an acknowledged under-reporting of suicide deaths. Therefore, the number of probable and definite deaths would be higher if open verdict deaths were included.

Nevertheless, 3T's welcomes this recorded decline in deaths by suicide over the past decade. We will, however, continue to highlight our concerns about transparency in the reporting of numbers dying by suicide and the 2-year delay in reporting final figures by the CSO. Given the potential impact of the coronavirus pandemic on Ireland's mental health, we believe that it is now more important than ever to address this delay in reporting and the related inaccuracies in suicide statistics.

A pilot scheme is currently underway in Cork, a collaboration between the National Suicide Research Foundation (NSRF), the (Health Service Executive) HSE and coroners in the county. Data on suspected suicide cases is gathered 10 – 14 days after the death. 3T's would support the national roll-out of such a scheme to provide more real-time data which would help identify clusters and flashpoints and help inform interventions and suicide prevention strategy at a national level.

**3T'S COMPANY LIMITED BY GUARANTEE  
DIRECTORS' ANNUAL REPORT  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

During 2020, the National Suicide Research Foundation (NSRF) National Self Harm Registry provided accurate information on the impact of the coronavirus pandemic on presentations to A&E for self-harm. For 2019, the Registry recorded 12,465 self-harm presentations to hospitals (A&E), involving 9,705, a decrease of 2% on 2018. However, a true figure is estimated to be closer to 60,000. Attempted hanging was involved in 8% or 1,029 of all self-harm presentations. At the time of going to print, figures for self-harm from the Registry for the first half of 2020 were not yet available.

The impact of the pandemic on levels of stress and anxiety across all age groups has become the topic of mainstream and social media. Evidence from previous years tells us that the highest rates of self-harm are consistently seen in young people and this cohort have experienced unprecedented challenges during this period. We had already seen an increase in the use of highly lethal methods of self-harm in young people, while the age of onset of self-harm appears to be decreasing with younger children now engaging in self-harm. These children are at a greater risk of suicide later in life. The provision of support services for this age group is an area which requires greater focus and investment at statutory level.

3T's believe that too many lives are lost to suicide, and too many families and communities are devastated as a result. With so many gaps in our services, these people may feel they have nowhere to turn to or often cannot access services within a reasonable timeframe. The coronavirus pandemic has put a pause on all face-to-face support groups, counselling and to many medical appointments and waiting lists are getting longer. Voluntary organisations cannot be expected to fill these gaps in statutory services. Government needs to address this as a matter of urgency. However, there are some positives. As many voluntary support services went online, they were now available to a wider group, with people from all points in the country able to attend regardless of where the session was hosted. It is likely that this practice will continue into the future, as an additional option once face to face services are resumed and this development is to be welcomed.

### **Background**

3T's was co-founded in 2003 by lawyer and businessman, Noel Smyth, psychiatrist Professor Kevin Malone of SVUH and UCD and Joseph McAvin of the Mater Foundation. At the time, suicide was a taboo subject, so 3T's set out to raise awareness of the issue and to help prevent future suicide deaths through a programme of research, education and support. Progress has been made.

2020 saw unprecedented challenges to our physical and mental wellbeing with the spread of the coronavirus pandemic bringing mental health very much into the national conversation. More people than ever before became aware of the importance of safeguarding our mental health. Stigma has been reduced, yet it can still be a barrier to help-seeking for mental health issues. Despite this assault on our physical and mental wellbeing, lack of political will, lack of resources and lack of knowledge remain major obstacles to change.

More people die by suicide than die on our roads, yet only a fraction of the funding is spent on suicide prevention. Over the years, 3T's has been proactive and vocal, reflecting concerns about the impact of suicide on Irish society and the need for change in policy and resources at both national and community levels. We have campaigned for many years for the establishment of a Suicide Prevention Authority to adequately address the issue.

3T's enjoys the support of many organisations and individuals, including charity partners and the tireless efforts of the many wonderful individual fundraisers who inspire us with their innovative approach to fundraising in support of 3T's. Our Annual 3T's Golf Tournament is run with support of the Professional Golfers Association (PGA Ireland).

We believe in collaboration and work closely with many organisations in the voluntary sector, the business community and more recently have expanded activities with third level colleges and institutions. We provide funding support through our 3T's grants programme to select programmes and organisations. We are partners in Connecting for Life, the National Suicide Prevention Strategy. Our aim remains to help prevent future suicide deaths, through research, education and support.

**3T'S COMPANY LIMITED BY GUARANTEE  
DIRECTORS' ANNUAL REPORT  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

**Results**

In the year ended 30 June 2020, 3T's had an income of €85,206 (2019, €146,659) and spent €98,683 (2019, €151,697). Income was generated solely through donations, charity partnerships, third party fundraising activities, dedicated 3T's activities and the company availed of government wage supports. €28,793, was incurred on staff salaries including government grants received, €976 on administration and €68,914 on promotional and educational support. The organisation availed of government wages supports totalling €4,551. The offices are rent free and other overheads are kept to a minimum.

Full results for the year are set out on page 18.

Reserves carried over from the previous year have enabled the development and delivery of innovative activities and educational programmes during the course of this accounting year.

**Board and staff**

The board of directors is made up of four people, comprising Noel Smyth, Nigel Kinnaird, Bryan Lawlor and Alannah Smyth. Chairperson of the board is Noel Smyth. Company Secretary is Alannah Smyth.

The Directors and Secretary of 3T's are all voluntary and do not receive a salary for their work.

Decisions reserved for the board to make include:

- The company's strategic plans and annual operating budgets;
- Projects outside the scope of the strategic plan;
- Litigation;
- Appointment/removal of committee chairs and members;
- Appointment/removal of staff and approval of new staff positions;
- Appointment/removal of auditors;
- Approval of contracts with term exceeding one year or financial liability on 3T's exceeding €5,000;
- Annual review of risk and internal control.

Whilst the board of directors is ultimately responsible for 3T's and for the above list, certain duties and responsibilities are delegated from the board of directors to the manager or to a sub-committee. These may include implementation of programmes, projects and supporting materials, liaison with service and other suppliers and other administrative duties.

**Staff**

The 3T's team is headed up by the Chairman, Noel Smyth, who also carries out an executive function on the day-to-day operation of the charity. 3T's has one permanent employee based in an office in Dublin 18. The manager reports directly to the Chairman with certain decisions reserved for the board. They are further supported in their work by a small team of volunteers and third-party contractors, whom we thank sincerely for their input and their hard work on our behalf.



**3T'S COMPANY LIMITED BY GUARANTEE  
DIRECTORS' ANNUAL REPORT  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

**Activities**

Awareness and education

Since its foundation, 3T's has been involved in a variety of successful awareness projects. In the first 6 months of this accounting year, we continued our collaboration with third level colleges on raising awareness of suicide and promoting positive mental health amongst students. 3T's partnered with staff and student unions on awareness projects such as our Share the Load initiatives, Wellbeing Weeks and mental health initiatives. In many cases, these activities were supported by the delivery of safeTALK Training Workshops (Suicide Alertness for Everyone).

safeTALK Training

SafeTALK is an internationally recognised programme which equips participants to identify individuals who may be at risk of suicide. 3T's are official safeTALK training providers, approved by the National Office for Suicide Prevention (NOSP) and training is delivered by our approved safeTALK training facilitator / committee member, Fiona Lavin.

3T's delivered safeTALK to twelve interested groups and organisations between July 2019 and February 2020 at which point this activity was paused due to Covid-19. Workshops were held in workplaces, in the hospitality sector, third level colleges and voluntary organisations.

Of note this year was our continued delivery of safeTALK training to volunteers and staff of the Simon Community through a series of workshops over the course of the year (pre-lockdown). Simon staff and volunteers work with a particularly vulnerable group and we are delighted to support their efforts through our safeTALK training.

safeTALK workshops are delivered free of charge by 3T's. safeTALK materials are provided by the NOSP as national co-ordinator for safeTALK in Ireland. Participant statistics & feedback are returned to the NOSP by 3T's to contribute to their national data gathering.

3T's believe that educating participants on various aspects of mental health and suicide reflects our commitment to turning the tide of suicide through education and awareness building.

One Kind Word Campaign: In early 2020, we launched an awareness campaign with the theme of "One Kind Word" to highlight the importance of kindness to mental health. We initially captured the public's attention with a large street artwork by artist Will St Leger on Dublin's Middle Abbey Street. However, almost immediately, the country was thrown into lockdown and the whole concept of "Kindness" took on a starring role in our lives. As the shoppers and workers abandoned the city streets, so we took our campaign online with a series of related initiatives to keep this conversation alive through these challenging times.

**3T'S COMPANY LIMITED BY GUARANTEE  
DIRECTORS' ANNUAL REPORT  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

**Research and support**

Accessing Help for Self-Harm and Suicidal Behaviour in The Emergency Department is a qualitative study of service-users and a collaboration between 3T's and Trinity College School of Nursing & Midwifery. It is hoped that this study will help inform how the emergency department experience can be improved for these service users. Report publication was delayed until July 2020 due to the pandemic. Meanwhile, emerging themes from the study revealed a need for a back-to-basics approach to patient care in the A&E for suicidal behaviours and self-harm e.g.

- Interacting with empathy, compassion and understanding is key to a positive experience.
- A lack of staff understanding around self-harm/suicidal ideation and some mental health diagnoses suggests further ED Staff training is needed.
- 'Otherness' being treated 'differently' to those with physical health problems created a sense of stigmatisation. Further ED Staff Training is required on how to interact with these service users.
- National Care Programme: outcomes generally improved when participants were seen by a Clinical Nurse Specialist in Self-Harm, under the National Care Programme. This is not available in all hospitals, so a key recommendation is to extend this to every hospital and beyond 9-5 hours. The study shows that patient assessment, treatment and follow-up were all generally better under this programme.
- Distress Volunteer Service: the study showed that where participants were accompanied by family or loved ones to the A&E, they were more likely to wait for assessment. Those attending alone, were generally more inclined to leave the ED without being seen, finding the busy A&E, and the long waiting times more difficult and distressing. This suggests the benefit of bringing a companion when attending A&E and also suggests the need for a volunteer service to sit with those in distress while they wait.
- Sensitivity, Privacy and Dignity: the study recommended the need for a space to allow for privacy and dignity outside of the busy, noisy and very public nature of the ED environment.
- Alternative Referral Option to ED: Just under half of participants presented to ED with suicidal ideation, but without physical injury requiring treatment. Many felt the ED was an inappropriate environment but often presented or were referred there due to a lack of other crisis options. This suggests the need for a specialised Mental Health Emergency Department operating alongside the ED.
- Discharge and Follow-up: The study revealed mixed experiences with many discharged with no clear plan for further treatment or referral. Again, where the Clinical Nurse Specialist from the Care Programme was involved, experiences were generally better.
- There is a need for improved co-ordination of patient care between the ED, the GP and mental health services (if appropriate).
- The research team favours the idea of a specified Emergency Mental Health facility to run alongside the Hospital's ED.

Collaboration:

In addition to our collaborations with third level colleges and with the business community, 3T's has been partners on:

- *See Change Green Ribbon Campaign* – organisation dedicated to ending mental health stigma;
- *Men's Health Forum*: 3T's sits on the Planning Committee for Men's Health Week, joining many mental and physical health organisations with a focus on health promotion for men, both physical and mental health. June 2020 Men's Health Week was a virtual event with all activities online.
- *Connecting for Life*: Ireland's strategy to reduce suicide.

**3T'S COMPANY LIMITED BY GUARANTEE  
DIRECTORS' ANNUAL REPORT  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

**Fundraising**

3T's receives no statutory funding and relies instead on its own fundraising activities and those of its third-party fundraisers and supporters, charity partnerships and corporate and private donations. We are privileged to have the support of a number of organisations and individuals fundraising on our behalf.

We appreciate the time and effort that our supporters put into these events and thank all who fundraised on our behalf over the course of the year.

- Since 2003, 3T's Annual Golf Tournament has been open to all GUI clubs and is run in conjunction with the PGA (Ireland). The 2019 tournament final was held in the K Club in October 2019 and the winning club were the home team – a first in the tournament's history. Our thanks to the K Club for providing their prestigious venue to us at preferential rates, and likewise to our regional venues, Co. Tipperary Golf & Country Club (Dundrum), Slieve Russell and St Margaret's who also extend us very favourable terms. Since our first 3T's Golf Tournament in 2003, the generosity of these clubs has helped to make this tournament a popular event on the golfing calendar. Unfortunately, the 2020 tournament was cancelled due to Covid-19, but we are extremely grateful for the support we received during this time from the golfing community. A number of clubs held competitions and fundraising events for 3T's or made a donation to show their support, which contributed significantly to our depleted funds. We look forward to reinstating our golf tournament at the earliest opportunity and thank all the clubs for your continued support. Our thanks to the PGA for their continued support.
- **Food for Thought:** this was the fourth year of this pop-up fine dining initiative which draws together award-winning Chefs to showcase new and established talent and raise awareness around Suicide and mental health. Founder, chef Daniel Hannigan, lost his Father to suicide at a young age. Coming from the high-pressure working environment of the restaurant industry, Dan sought to highlight the importance of friendship to mental health and the unifying power of food. Food for Thought brings people together for great food and to promote friendship and positive mental health. In October 2019, chef Derry Staunton took the helm curating two uniquely special evenings in Dublin's The Well for a 16-course tasting menu with an accompanying customised playlist. It's humbling to have the support of such great young industry leaders.
- **Gravediggers Pub:** when celebrity Chef Anthony Bourdain visited Glasnevin's award-winning Gravediggers Pub to sample their Dublin Coddle for his international travelogue series, he made a big impression on owners, the Kavanagh family. Bourdain, who had documented his own struggles with addiction and mental health in the past, spoke candidly with the family about his personal experience. Tragically, Bourdain subsequently took his own life and, so, in his memory the Gravediggers designed a limited edition t-shirt to raise funds for 3T's and to show their solidarity with him.

Given the severe challenges facing the hospitality sector as a result of the Covid-19 pandemic, we are very grateful to both the Gravediggers and the Food for Thought teams for their continued support.

- **VHI Women's Mini-Marathon:** like so many events, this year's mini-marathon race was postponed and eventually cancelled due to Covid. The race instead became a virtual challenge to be held later in 2020.
- **Online Fundraising:** our thanks to all our supporters who took on online and other challenges. One such was a supporter who took on a Sober Year Challenge commencing January 2020 to last a year. Others included Birthday and other Facebook Fundraisers. Our sincere thanks to all concerned for helping keep our charity in funds during an exceptionally difficult year.

**3T'S COMPANY LIMITED BY GUARANTEE  
DIRECTORS' ANNUAL REPORT  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

**Charity partnerships**

*Prepay Power:* With a strong CSR ethos, PrePay prioritises the wellbeing of staff and our aim was to build on these firm foundations. 3T's believe it is important to give something back to our supporters, such as working with wellness committees on delivering safeTALK to management and staff. It has been gratifying to receive very positive feedback directly from staff who acknowledged a new-found understanding and confidence and understanding amongst the team, on reaching out for help and on checking in with each other. This highlights the benefits of this training and how simple activities can help reduce stigma around mental health and suicide.

*Arekibo:* A special mention to Arekibo Digital Consultancy who have continued to support our website as part of its CSR programme, providing expertise and advice which has helped ensure our website [www.3ts.ie](http://www.3ts.ie) is a valuable and accessible resource for those in need of information regarding suicide and mental health.

*Google Ad Grants:* As a charity, we are also in receipt of Google Ad Grants which provides advertising free of charge to 3T's.

**Lobbying: Government, political and general**

Over the years, 3T's has lobbied Government and actively promotes the necessity for increased funding and better services to help prevent further loss of life through suicide. 3T's is registered with [Lobbying.ie](http://Lobbying.ie) and adheres to its reporting requirements for all lobbying activity. Further details of 3T's lobbying activity are available in our return for the period on [www.lobbying.ie](http://www.lobbying.ie). There was a nil return for this accounting year.

3T's is registered with [Lobbying.ie](http://Lobbying.ie) and adheres to its reporting requirements for all lobbying activity. Further details of 3T's lobbying activity are available in our return for the period on [www.lobbying.ie](http://www.lobbying.ie)

**Chairman's summary**

In Ireland, we have an excellent national suicide prevention strategy in Connecting for Life. The programmes, actions and resources outlined within Connecting for Life, if implemented, would undoubtedly help to reduce deaths by suicide.

The concern of 3T's is that so many of the services and resources required to back up this policy are simply not there. Where services exist, waiting times and waiting lists are unacceptably long. The impact of the global pandemic on Ireland's health system has escalated this issue at a time when the nation's mental health is most severely tested. Unfortunately, for someone in suicidal crisis and their family, a 6-month wait can be 6 months too late. Our A&Es are operating at an over-capacity, with demand far exceeding resources. People presenting to our A&E with self-harm or suicidal behaviours have a different set of requirements to those presenting with physical ailments, no matter how serious. Of those who present in our A&E with Self-Harm, 13% will leave before any treatment recommendations are made. This was borne out in our research with Trinity College and is not acceptable. Statutory services rely too heavily on voluntary organisations to meet the shortfall in services. Government has a responsibility to meet these needs and to provide alternative options such as a 24/7 Mental Health ED or crisis centre to run alongside every ED in the country.

As we face into the unknown impact of this pandemic on the mental health of the country, now is the time for the people of Ireland to hold our Politicians to account on their general indifference to the issue of suicide prevention. In both General and Local Elections of recent years, all parties have claimed that suicide prevention, suicide bereavement and all associated issues, are a priority. But these are shallow words with no meaning.

As a country with a reputation for caring for others, Ireland is failing in the area of mental health.

3T's are happy to work with any interested groups or organisations to help bring about this change.

**3T'S COMPANY LIMITED BY GUARANTEE  
DIRECTORS' ANNUAL REPORT  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

**Principal Risks and Uncertainties**

In the opinion of the directors, there are no significant risks or uncertainties impacting the company.

**Post Balance Sheet Events**

The effects of the Covid-19 pandemic remain a prevailing factor in the disruption of national and worldwide economies as many restrictions have been imposed on the movements of the general public in order to curb the spread of the virus. It is expected that the various restrictions will be gradually lifted from May 2021 and that non-essential businesses will be able to recommence activities in the second half of 2021.

The ongoing impacts of Covid-19 are considered to be an event that do not require any adjustments to the financial statements of 3T's Company Limited by Guarantee for the year ended 30 June 2020; however, the directors will have to assess any possible future impacts, both financial and non-financial, on the company and address all possible safeguards.

**Auditors**

The auditors, Kieran Ryan & Co., Chartered Accountants and Statutory Audit Firm, have indicated their willingness to continue in office in accordance with the provisions of Section 380 of the Companies Act 2014.

**Taxation status**

The company is a close company within the meaning of the Taxes Consolidation Act, 1997.

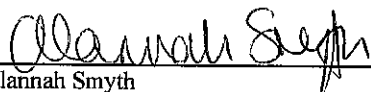
**Statement on Relevant Audit Information**

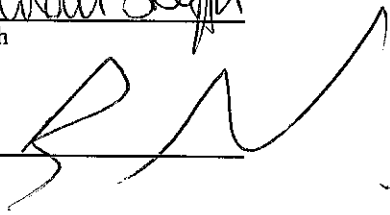
In accordance with section 330 of the Companies Act 2014, so far as each of the persons who are directors at the time this report is approved are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.

**Accounting Records**

To ensure that adequate accounting records are kept in accordance with Sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at Second Floor, Elm House, Leopardstown Office Park, Sandymount, Dublin 18.

Approved by the board of directors on 29 April 2021 and signed on its behalf by:

  
Alannah Smyth  
Director

  
Bryan Lawlor  
Director

**3T'S COMPANY LIMITED BY GUARANTEE  
DIRECTORS' RESPONSIBILITIES STATEMENT  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

The directors are responsible for preparing the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the charity as at the financial year end date and of the net income or expenditure of the charity for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Statement of Recommended Practice: Accounting and Reporting by Charities (2015);
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The directors confirm that they have complied with the above requirements in preparing the financial statements.

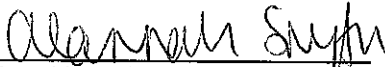
The directors are responsible for ensuring that the charity keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the charity, enable at any time the assets, liabilities, financial position and net income or expenditure of the charity to be determined with reasonable accuracy, enable them to ensure that the financial statements and the Directors' Annual Report comply with Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

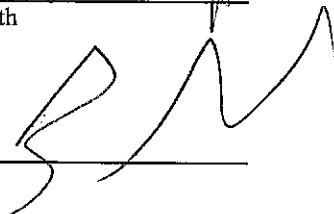
In so far as the directors are aware:

- there is no relevant audit information (information needed by the charity's auditor in connection with preparing the auditor's report) of which the charity's auditor is unaware, and
- the directors have taken all the steps that they ought to have taken as directors in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the Republic of Ireland governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the board of directors on 29 April 2021 and signed on its behalf by:

  
\_\_\_\_\_  
Alannah Smyth  
Director

  
\_\_\_\_\_  
Bryan Lawlor  
Director

**INDEPENDENT AUDITOR'S REPORT  
TO THE MEMBERS OF 3T'S COMPANY LIMITED BY GUARANTEE**

**Report on the audit of the financial statements**

**Opinion**

We have audited the charity financial statements of 3T's Company Limited by Guarantee for the financial year ended 30 June 2020 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes to the financial statements, including a summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the charity as at 30 June 2020 and of its net incoming resources for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", as applied in accordance with the provisions of the Companies Act 2014 and having regard to the Charities SORP; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for an opinion

**Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which ISAs (Ireland) require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

**Other information**

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

**Opinions on other matters prescribed by the companies act 2014**

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- in our opinion, the Directors' Annual Report has been prepared in accordance with the Companies Act 2014.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the charity were sufficient to permit the financial statements to be readily and properly audited. The financial statements are in agreement with the accounting records.

**INDEPENDENT AUDITOR'S REPORT  
TO THE MEMBERS OF 3T'S COMPANY LIMITED BY GUARANTEE**

**Matters on which we are required to report by exception**

Based on the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Annual Report. The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

**Respective responsibilities**

**Responsibilities of directors for the financial statements**

As explained more fully in the Directors' Responsibilities Statement set out on page 14 the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the charity or to cease operations, or has no realistic alternative but to do so.

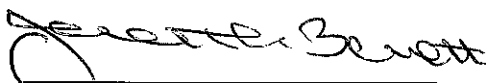
**Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is contained in the appendix to this report, located at page 17, which is to be read as an integral part of our report.

**The purpose of our audit work and to whom we owe our responsibilities**

Our report is made solely to the charity's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the charity and the charity's members, as a body, for our audit work, for this report, or for the opinions we have formed.



Jonathan Bennett

**For and on behalf of**

**Kieran Ryan & co.**

Chartered Accountants and Statutory Audit Firm

20 Upper Mount Street

Dublin 2

Date: 29 April 2024



**3T'S COMPANY LIMITED BY GUARANTEE  
APPENDIX TO THE INDEPENDENT AUDITOR'S REPORT**

**Further information regarding the scope of our responsibilities as auditor**

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

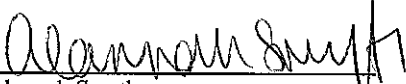
We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.


**3T'S COMPANY LIMITED BY GUARANTEE**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(incorporating an income and expenditure account)**  
**FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

	Notes	Unrestricted Funds 2020 €	Total 2020 €	Unrestricted Funds 2019 €	Total 2019 €
<b>Incoming resources</b>					
Activities for generating funds	3.1	85,206	85,206	146,659	146,659
<b>Resources expended</b>					
Raising funds	4.1	98,683	98,683	151,697	151,697
<b>Net incoming/outgoing resources before transfers</b>		(13,477)	(13,477)	(5,038)	(5,038)
Gross transfers between funds		-	-	-	-
<b>Net movement in funds for the financial year</b>		(13,477)	(13,477)	(5,038)	(5,038)
<b>Reconciliation of funds</b>					
Balances brought forward at 1 July 2019		190,128	190,128	195,166	195,166
<b>Balances carried forward at 30 June 2020</b>		176,651	176,651	190,128	190,128

The Statement of Financial Activities includes all gains and losses recognised in the financial year.  
All income and expenditure relate to continuing activities.

Approved by the board of directors on 29 June 2021 and signed on its behalf by:

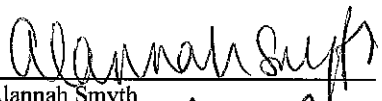
  
Alannah Smyth  
Director

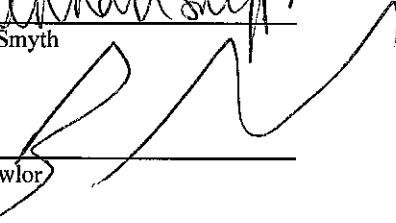
  
Bryan Lawlor  
Director

**3T'S COMPANY LIMITED BY GUARANTEE  
BALANCE SHEET  
AS AT 30 JUNE 2020**

	Notes	2020 €	2019 €
<b>Fixed assets</b>			
Tangible assets	7	1,734	199
Investments	8	100	100
		<u>1,834</u>	<u>299</u>
<b>Current assets</b>			
Debtors	9	30,959	44,058
Cash at bank and in hand		165,137	182,323
		<u>196,096</u>	<u>226,381</u>
<b>Creditors: amounts falling due within one year</b>	10	<u>(21,279)</u>	<u>(36,552)</u>
<b>Net current assets</b>		<u>174,817</u>	<u>189,829</u>
<b>Net Assets</b>		<u>176,651</u>	<u>190,128</u>
<b>Funds</b>			
Unrestricted designated funds		<u>176,651</u>	<u>190,128</u>
<b>Total Funds</b>		<u>176,651</u>	<u>190,128</u>

Approved by the board of directors on 29 April 2021 and signed on its behalf by:

  
 \_\_\_\_\_  
 Alannah Smyth  
 Director

  
 \_\_\_\_\_  
 Bryan Lawlor  
 Director

**3T'S COMPANY LIMITED BY GUARANTEE**  
**STATEMENT OF CASH FLOWS**  
**FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

	Notes	2020 €	2019 €
<b>Cash flows from operating activities</b>			
Net movement in funds		(13,477)	(5,038)
Adjustments for:			
Depreciation		230	633
		<u>(13,247)</u>	<u>(4,405)</u>
Movements in working capital:			
Movement in debtors		13,099	(12,032)
Movement in creditors		(15,304)	18,570
		<u>(15,452)</u>	<u>2,133</u>
<b>Cash flows from investing activities</b>			
Payments to acquire tangible assets		(1,765)	-
		<u>(17,217)</u>	<u>2,133</u>
<b>Net increase in cash and cash equivalents</b>		<u>182,323</u>	<u>180,190</u>
<b>Cash and cash equivalents at 1 July 2019</b>		<u>182,323</u>	<u>180,190</u>
<b>Cash and cash equivalents at 30 June 2020</b>	15	<u><u>165,106</u></u>	<u><u>182,323</u></u>

**3T'S COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

**1. General information**

3T's Company Limited by Guarantee is a Company Limited by Guarantee incorporated in the Republic of Ireland. The registered office of the company is Second Floor, Elm House, Leopardstown Office Park, Sandyford, Dublin 18 which is also the principal place of business of the charity. The financial statements have been presented in Euro (€) which is also the functional currency of the charity.

**2. Summary of significant accounting policies**

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

**Basis of preparation**

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and with generally accepted accounting principles in Ireland and Irish statute comprising the Companies Act 2014. They comply with the financial reporting standards of the Accounting Standards Board, as promulgated by Chartered Accountants Ireland. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charitable company's financial statements.

**Statement of compliance**

The financial statements of the charity for the financial year ended 30 June 2020 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)" and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

**Incoming resources**

Voluntary income or capital is included in the Statement of Financial Activities when the charity is legally entitled to it, its financial value can be quantified with reasonable certainty and there is reasonable certainty of its ultimate receipt. Entitlement to legacies is considered established when the charity has been notified of a distribution to be made by the executors. Income received in advance of due performance under a contract is accounted for as deferred income until earned. Grants for activities are recognised as income when the related conditions for legal entitlement have been met. All other income is accounted for on an accruals basis.

**Income from charitable activities**

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

-Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases, the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

**3T'S COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

continued

**Resources expended**

All resources expended are accounted for on an accruals basis. Charitable activities include costs of services and grants, support costs and depreciation on related assets. Costs of generating funds similarly include fundraising activities. Non-staff costs not attributed to one category of activity are allocated or apportioned pro-rata to the staffing of the relevant service. Finance, HR, IT and administrative staff costs are directly attributable to individual activities by objective. Governance costs are those associated with constitutional and statutory requirements.

**Tangible fixed assets and depreciation**

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment - 33.3% Straight line

**Investments**

Investments held as fixed assets are stated at cost less provision for any permanent diminution in value. Income from other financial fixed asset investments together with any related withholding tax is recognised in the income and expenditure account in the year in which it is receivable.

**Debtors**

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the charity from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

**Cash at bank and in hand**

Cash at bank and in hand comprises cash on deposit at banks requiring less than three-month's notice of withdrawal.

**Taxation**

No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

**Grants receivable**

Capital grants received and receivable are treated as deferred income and amortised to the Summary Income and Expenditure Account annually over the useful economic life of the asset to which it relates. Revenue grants are credited to the Summary Income and Expenditure Account when received.

3. Income					
3.1 Operating activities	Unrestricted Funds €	Restricted Funds €	2020 €	2019 €	
Voluntary income	50,435	-	50,435	104,259	
3T's dedicated activities	34,771	-	34,771	42,400	
	<u>85,206</u>	<u>-</u>	<u>85,206</u>	<u>146,659</u>	

**3T'S COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

continued

<b>4. Expenditure</b>					
<b>4.1 Raising funds</b>	Direct Costs €	Other Costs €	Support Costs €	2020 €	2019 €
Management, administration and governance costs	56,051	-	-	56,051	116,703
Cost of generating funds	42,632	-	-	42,632	34,994
	<u>98,683</u>	<u>-</u>	<u>-</u>	<u>98,683</u>	<u>151,697</u>

<b>5. Net incoming resources</b>	2020 €	2019 €
<b>Net incoming resources are stated after charging/(crediting):</b>		
Depreciation of tangible assets	230	633
Government Covid wage support	(4,551)	-
	<u>(4,321)</u>	<u>633</u>

**6. Employees and remuneration**

**Number of employees**

The average number of persons employed during the financial year was as follows:

This does not include directors who volunteer their time and are unpaid as detailed in the Directors Annual Report.

	2020 Number	2019 Number
Administration	<u>1</u>	<u>2</u>

The staff costs comprise:

	2020 €	2019 €
Wages and salaries	30,736	50,440
Social welfare costs	2,608	6,140
	<u>33,344</u>	<u>56,580</u>

**3T'S COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

continued

**7. Tangible fixed assets**

	Fixtures, fittings and equipment €
<b>Cost</b>	
At 1 July 2019	1,898
Additions	1,765
	3,663
At 30 June 2020	
<b>Depreciation</b>	
At 1 July 2019	1,699
Charge for the financial year	230
	1,929
At 30 June 2020	
<b>Net book value</b>	
At 30 June 2020	1,734
At 30 June 2019	199



**3T'S COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

continued

**8. Investments**

	Group and participating undertakings €
<b>Investments</b>	
<b>Cost</b>	
At 30 June 2020	100
<b>Net book value</b>	
At 30 June 2020	100
At 30 June 2019	100

The financial asset comprises of 100% of the issued share capital of €1 of 1Life Suicide Prevention Limited, which is operating in Ireland and its registered office at Second Floor, Elm House, Leopardstown Office Park, Sandyford, Dublin 18. For the year ended 31 August 2020, 1Life Suicide Prevention Limited made a loss of €30 and had net assets of €17,677. 1 Life Suicide Prevention Limited is currently dormant and the directors plan to wind-up the company soon.

**9. Debtors**

	2020 €	2019 €
Trade debtors	4,551	-
Sundry debtors	23,005	23,005
Taxation and social welfare costs (Note 11)	-	312
Prepayments and accrued income	3,403	20,741
	<u>30,959</u>	<u>44,058</u>

**10. Creditors**

	2020 €	2019 €
<b>Amounts falling due within one year</b>		
Bank overdraft	31	-
Trade creditors	3,027	3,499
Amounts owed to group companies	17,453	17,453
Taxation and social welfare costs (Note 11)	768	-
Deferred income	-	15,600
	<u>21,279</u>	<u>36,552</u>

**3T'S COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

continued

11. Taxation and social welfare	2020 €	2019 €
<b>Debtors:</b>		
PAYE/PRSI/USC	-	312
	<u>          </u>	<u>          </u>
<b>Creditors:</b>		
VAT	521	-
PAYE/PRSI/USC	247	-
	<u>          </u>	<u>          </u>
	<u>768</u>	<u>-</u>

12. Reserves	2020 €	2019 €
At 1 July 2019	190,128	195,166
Deficit for the financial year	(13,477)	(5,038)
	<u>          </u>	<u>          </u>
At 30 June 2020	<u>176,651</u>	<u>190,128</u>

**13. Status**

The charity is Limited by Guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding €1.

**14. Related party transactions**

At 30 June 2020, Corundum Investments Unlimited Company, a related company by way of directors in common owed 3T's €23,005 (2019: €23,005). This balance is fully recoverable and payable on demand.

During the year ended 30 June 2020, the charity received donations of €24,350 from Fitzwilliam Real Estate Capital Limited (2019: €15,600), a related company by virtue of common directors.

15. Cash and cash equivalents	2020 €	2019 €
Cash and bank balances	165,137	182,208
Bank overdrafts	(31)	-
Cash equivalents	-	115
	<u>          </u>	<u>          </u>
	<u>165,106</u>	<u>182,323</u>

**3T'S COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE FINANCIAL YEAR ENDED 30 JUNE 2020**

continued

**16. Post-balance sheet events**

The effects of the Covid-19 pandemic remain a prevailing factor in the disruption of national and worldwide economies as many restrictions have been imposed on the movements of the general public, in order to curb the spread of the virus. It is expected that the various restrictions will be gradually lifted from May 2021 and that non-essential businesses will be able to recommence activities in the second half of 2021.

The ongoing impacts of Covid-19 are considered to be an event that does not require any adjustments to the financial statements of 3T's Company Limited by Guarantee for the year ended 30 June 2020; however, the directors will have to assess any possible future impacts, both financial and non-financial, on the company and address all possible safeguards.

**17. Approval of financial statements**

The financial statements were approved and authorised for issue by the Board of Directors on 29 April 2021.